GENETIC ANALYSES FROM ANCIENT DNA

Svante Pääbo, Hendrik Poinar,1 David Serre, Viviane Jaenike-Després, Juliane Hebler, Nadin Rohland, Melanie Kuch,1 Johannes Krause, Linda Vigilant, and Michael Hofreiter
Max Planck Institute for Evolutionary Anthropology, D-04013 Leipzig, Germany; email: paabo@eva.mpg.de; poinarh@mcmaster.ca; serre@eva.mpg.de; despres@eva.mpg.de; hebler@eva.mpg.de; rohland@eva.mpg.de; kuchm@univmail.cis.mcmaster.ca; krause@eva.mpg.de; vigilant@eva.mpg.de; hofreiter@eva.mpg.de

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Abstract About 20 years ago, DNA sequences were separately described from the quagga (a type of zebra) and an ancient Egyptian individual. What made these DNA sequences exceptional was that they were derived from 140- and 2400-year-old specimens. However, ancient DNA research, defined broadly as the retrieval of DNA sequences from museum specimens, archaeological finds, fossil remains, and other unusual sources of DNA, only really became feasible with the advent of techniques for the enzymatic amplification of specific DNA sequences. Today, reports of analyses of specimens hundreds, thousands, and even millions of years old are almost commonplace. But can all these results be believed? In this paper, we critically assess the state of ancient DNA research. In particular, we discuss the precautions and criteria necessary to ascertain to the greatest extent possible that results represent authentic ancient DNA sequences. We also highlight some significant results and areas of promising future research.

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1Current address: Department of Anthropology, Pathology and Molecular Medicine, McMaster University, Hamilton, Ontario L8S, 4L9, Canada.
MOLECULAR DAMAGE AND CONTAMINATION

The molecular cloning of DNA from a quagga (55) and an Egyptian mummy (103) were the first successes in the retrieval of ancient DNA sequences. However, they were in a sense precocious, since the amounts of DNA present in the old tissues were so small that the isolation of bacterial clones carrying the same DNA sequence was essentially impossible. The results could therefore not be repeated in order to verify their authenticity. Thus, the litmus test of experimental science—reproducibility—was hard or impossible to achieve.

This changed with the development of the polymerase chain reaction (PCR) (123, 124). The PCR made it possible to produce essentially unlimited numbers of copies from very few or even single original DNA copies. Therefore, the same DNA sequence could be amplified multiple times from the same specimen and ancient DNA studied in a scientifically rigorous way. In fact, the very first applications of the PCR to extracts of ancient DNA (104, 106) already hinted at the two technical complications that remain the main challenges to the study of ancient DNA. The first complication was evident from the fact that when PCR was used to reexamine the same quagga from which DNA had been cloned, two positions were shown to be incorrect in the original sequences (106). The second complication was evident from work (104) showing that contemporary DNA contaminates almost all ancient remains and many laboratory environments. Below, we discuss how molecular damage and DNA contamination give rise to erroneous DNA sequences and describe strategies to combat these problems.

Molecular Damage

DNA DEGRADATION AND PRESERVATION  Within living cells, the integrity of DNA molecules is continually maintained by enzymatic repair processes (85). After the death of an organism, cellular compartments that normally sequester catabolic enzymes break down. As a consequence, the DNA is rapidly degraded by enzymes such as lysosomal nucleases. In addition, the DNA molecule faces an onslaught of bacteria, fungi, and insects that feed on and degrade macromolecules (26). Under rare circumstances, such as when a tissue becomes rapidly desiccated after death or the DNA becomes adsorbed to a mineral matrix, it may escape enzymatic and microbial degradation. On such occasions, slower but still relentless chemical processes start affecting the DNA. Many of these processes are similar or identical
TABLE 1  Overview over different types of damage in ancient DNA

<table>
<thead>
<tr>
<th>Type of damage</th>
<th>Process</th>
<th>Effects on DNA</th>
<th>Possible solutions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strand breaks</td>
<td>Degradation by microorganisms</td>
<td>Reduction of overall DNA amounts</td>
<td>PCR of overlapping fragments of short length</td>
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<td></td>
<td>Nucleases in the postmortem cell</td>
<td>Size reduction</td>
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<td>Other chemical processes</td>
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<tr>
<td>Oxidative lesions</td>
<td>Damage to bases</td>
<td>Base fragmentation</td>
<td>PCR of overlapping fragments of short length</td>
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<td></td>
<td>Damage to deoxyribose residues</td>
<td>Sugar fragmentation</td>
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<tr>
<td>DNA crosslinks</td>
<td>Reactions between DNAs as well as DNA and other biomolecules</td>
<td>Nucleotide modification</td>
<td>Multiple independent PCRs Cloning and sequencing of several clones</td>
</tr>
<tr>
<td>Hydrolytic lesions</td>
<td>Loss of amino groups</td>
<td>Change of coding potential</td>
<td>Multiple independent PCRs Cloning and sequencing of several clones</td>
</tr>
<tr>
<td>1. adenine ⇒ hypoxanthine</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>2. cytosine ⇒ uracil</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. 5-methyl-cytosine ⇒ thymine</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. guanine ⇒ xanthine</td>
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to those that affect the DNA in the living cell. However, after death they are not counterbalanced by cellular repair processes and thus damage accumulates progressively until the DNA loses its integrity and decomposes, with an irreversible loss of nucleotide sequence information (Table 1). What the PCR has made possible is the occasional salvage of information from some rare samples in which the disintegration of DNA is not yet complete.

DNA DAMAGE IN ANCIENT SAMPLES  The most obvious type of damage to DNA extracted from subfossil and fossil remains is its degradation to small average size, generally between 100 to 500 bp (see 62, 104). The reduction in size is due to both enzymatic processes that occur shortly after death and nonenzymatic hydrolytic cleavage of phosphodiester bonds in the phosphate-sugar backbone (85, 131) that generate single-stranded nicks. The glycosidic bonds between nitrous bases and the sugar backbone are also subject to hydrolytic cleavage that results in abasic sites (87, 88, 127). Once a nucleotide is released, the abasic site can undergo a chemical rearrangement that promotes occurrence of strand breakage at a rate...
similar to or slightly slower than base loss (31, 131). The extent of degradation by these processes depends upon the idiosyncrasies of preservation and can vary even among museum specimens of the same age. Sometimes, fragments as long as a few hundred base pairs (18, 19, 41) and sometimes even more than 1 kb (81) can be amplified. However, compared with contemporary DNA preparations from fresh tissues, ancient DNA is invariably of shorter length (Figure 1).

The length of the DNA sequences that can be amplified by the PCR is limited not only by strand breaks but also by lesions that present blocks to the elongation of DNA strands by the Taq polymerase. Many such lesions are induced by free radicals such as peroxide radicals (\(\mathrm{O}_2\)) hydrogen peroxide (\(\mathrm{H}_2\mathrm{O}_2\)), and hydroxy radicals (\(\cdot\mathrm{OH}\)), which are created by, among other causes, background radiation. Major sites of oxidative attack are the double bonds of both pyrimidines and purines, leading to ring fragmentation. In addition, the chemical bonds of the deoxyribose residues

![Figure 1](image-url)

**Figure 1** Only short fragments of DNA can be amplified from most ancient remains. Lanes 1 to 7 show amplifications from seven late Pleistocene cave bears. From each of these, mtDNA amplifications of length 105 bp (bottom), 127 bp (middle), and 175 bp (top) were attempted. Whereas six extracts allow 105 bp to be amplified, two extracts allow 127 bp to be amplified, and no amplification of 175 bp is successful. The first lane shows a DNA size marker and the following two lanes control amplifications. Amplification products of lower molecular weight than the indicated sizes are primer artifacts.
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are susceptible to oxidation resulting in fragmentation of the sugar ring (31, 85). DNA extracted from fossil remains is susceptible to cleavage with an enzyme, endonuclease III, which is specific for oxidized pyrimidines (104). It has been shown that paleontological specimens from a diverse range of environments and ages contain oxidized base residues (65). Specifically, no DNA sequences could be amplified via PCR (65) from samples with higher amounts of two oxidized pyrimidines (5-hydroxy-5-methylhydantoin and 5-hydroxyhydantoin), which block the Taq DNA polymerase.

Another type of damage are cross-links, which also block the DNA polymerase and can even be observed directly by electron microscopy in ancient DNA preparations (104). By head space gas chromatography–mass spectroscopy, volatile components formed from Maillard products have been identified in ancient fecal remains (coprolites) (114). Maillard products are formed by condensation reactions between sugars and primary amino-groups in proteins and nucleic acids. Treatment with a reagent, N-phenacylthiazolium bromide (153), which breaks Maillard products, allows DNA sequences to be amplified from some ancient remains that otherwise are not amenable to amplification, for example 20,000-year-old ground sloth coprolites (114) and >40,000-year-old Neandertal bones (78).

In addition to fragmentation and DNA modifications that hinder the extension of DNA polymerases, other known and unknown types of damage are common in ancient DNA. Some of these DNA modifications are problematic because although they allow the amplification of the template molecules, they cause incorrect bases to be incorporated during the PCR. The most common form of such modification is the hydrolytic loss of amino groups from the bases adenine, cytosine, 5-methylcytosine, and guanine, resulting in hypoxanthine, uracil, thymine, and xanthine, respectively (31). The deamination products of cytosine (uracil), of 5-methyl-cytosine (thymine), and of adenine (hypoxanthine) are of particular relevance for the amplification of ancient DNA since they cause incorrect bases (A instead of G, and C instead of T) to be inserted when new DNA strands are synthesized by a DNA polymerase.

NUCLEOTIDE MISINCORPORATIONS IN AMPLIFICATIONS OF ANCIENT DNA The occurrence of such modified bases is evident from the observation that when PCR products from ancient remains are cloned and the sequences of several clones compared, the number of differences contained among them is often larger than what is typically seen when modern DNA is amplified (50, 58) (Figure 2). Two types of evidence suggest that deamination of bases is a major cause. First, DNA extracted from ancient tissues is sensitive to uracil-DNA-glycosylase, an enzyme that removes uracil from DNA (104). Second, a large number of C to T and G to A changes are often observed in clones from ancient amplification products (50). In fact, even the two incorrect positions determined in the very first ancient DNA publication (55) were of this type, one representing a C to T change and the second a G to A compared with the correct sequence (106). This is consistent with the presence of deaminated C residues that are identical to uracil (U) residues
Figure 2  Consistent and singleton differences among DNA sequences cloned from amplification products from Pleistocene cave hyenas. Sample A shows five singleton differences in ten clones originating from two independent amplifications. Sample B shows two, three, and four consistent differences, respectively, in the three independent amplifications, and two singleton differences.
and cause the incorporation of A residues rather than G residues by the Taq DNA polymerase (50).

Such miscoding lesions in ancient DNA complicate the correct determination of ancient DNA sequences. To address this situation, it is necessary to distinguish between misincorporations induced by damage in the ancient DNA template and Taq DNA polymerase errors that occur in any PCR regardless of original DNA template quality. One way to do this is to perform multiple amplifications from DNA extracts containing just a few template molecules and clone the PCR products. Comparison of DNA sequences of multiple clones from such amplifications will reveal nucleotide differences that occur in all clones from one amplification but not in other amplifications from the same template preparation (Figure 2) (58). The vast majority of such “consistent” substitutions are due to errors occurring in the first cycles of PCR, which is when the original DNA extracted from an ancient specimen serves as a template. By contrast, additional substitutions seen in single clones that also carry consistent substitutions will be due to misincorporations that occurred later during the PCR when molecules synthesized during previous PCR cycles serve as a template (Figures 2 and 3). Thus, if the frequencies of misincorporations between these two classes of substitutions are compared, the difference between substitutions induced by damage in the original template can be discerned from the inherent error rate of the PCR under the conditions that occur in the exact same PCR reaction. Differences seen between clones where no consistent substitutions occur are less informative, since they represent a mixture of misincorporations that occur when an ancient DNA molecule served as a template and misincorporations that are due to errors during later PCR cycles when newly synthesized molecules are the main source of templates.

When consistent differences were compared with other differences in amplifications from the remains of 11 European cave bears that varied in age between 25,000 and >50,000 years, a remarkable difference in substitution patterns was seen (58). Among 48 consistent substitutions, all were C to T and G to A substitutions, whereas among the 23 substitutions that occurred in subsequent cycles of the PCR, only three changed a C to a T or a G to an A. Furthermore, in all cases when multiple consistent substitutions occurred in a single amplification, only C to T substitutions or only G to A substitutions were observed, i.e., in no cases were consistent C to T substitutions found together with consistent G to A substitutions in one amplification (Figure 2). This suggests that these amplifications started from single DNA strands and that a single class of DNA damage is responsible for the pattern observed. When templates from one strand were enriched by linear amplifications using a single primer prior to PCR, the substitution spectrum was largely or even completely due to incorporations of As at positions where the unmodified template carries a C. This type of misincorporation, which is eliminated when the template DNA is treated with uracil-DNA-glycosylase (58), is due to either deamination of cytosine residues to deoxyuridine residues in the DNA or, alternatively, deamination in conjunction with oxidation resulting in 5-hydroxyuridine residues. This type of miscoding lesion dominates quantitatively over other forms
Figure 3 Schematic illustration of how consistent and singleton differences arise during an amplification starting from a single DNA molecule. In this example, deamination of a C residue has yielded a U residue in the ancient template. This results in the misincorporation of an A residue during the first cycle of the PCR. This error will be subsequently present in all molecules derived from this event. Misincorporations during later cycles of the PCR when newly synthesized molecules serve as templates are found in single or few of the resultant clones.

of miscoding lesions to such an extent that when C to T and G to A substitutions are disregarded, the error rate when ancient DNA templates are replicated does not differ from that when modern templates are replicated (58).

Our knowledge of damage in ancient DNA and of misincorporations caused by such damage is still limited. Further studies of larger numbers of specimens with a variety of techniques are therefore needed. In an analysis of large numbers of cloned human amplification products from ancient remains, Gilbert and coworkers (33) also found that C to T and G to A changes predominate. In addition, they observed an elevated frequency of T to C and A to G changes. They suggested that the latter changes were caused by deamination of adenine residues, producing hypoxanthine residues that cause cytosine residues to be incorporated by Taq DNA polymerase. From a chemical perspective, this is a feasible scenario. However, the inference is based on the premise that miscoding lesions that cause a T to be read as a C will not occur. Although less plausible than the deamination of A residues, it would, in our opinion, be worthwhile investigating the spectra of misincorporations that occur when nonhuman ancient DNA templates
from a variety of different ages are replicated by an approach that distinguishes consistent and singleton differences (Figure 3). Contamination with human DNA is common, and known and unknown modifications and other unexpected effects may occur in ancient DNA. For example, Pusch & Bachmann claimed that most extracts from ancient remains induce mutations even in modern mitochondrial DNA added to the extracts and subsequently amplified by PCR (118). These authors therefore posit the existence of some uncharacterized factor that makes the Taq DNA polymerase error prone. In addition, they suggest that such errors tend to fall at positions known to vary among human mitochondrial control region sequences. This scenario of mutagenic DNA extracts is presented without a plausible mechanistic framework and is highly questionable. First, we are unable to reproduce their results using several extracts of ancient bones (129). Also, the contaminating modern human DNAs often amplified from ancient remains fail to show a high frequency of misincorporations (80). Nevertheless, this claim underscores the difficulty in excluding any particular misincorporation as “chemically impossible.” The advantage of the approach in which consistent and nonconsistent changes are analyzed in the same clones (Figures 2 and 3) is that misincorporations that occur when ancient DNA template molecules are replicated can be largely distinguished from those that occur when intact newly synthesized DNA molecules are replicated in one and the same PCR reaction. Thus, this approach takes into account any hitherto unknown DNA modification as well as factors that influence the DNA polymerase’s fidelity.

RELIABILITY OF ANCIENT DNA SEQUENCES To what extent do nucleotide misincorporations cause incorrect DNA sequences to be determined from ancient remains? Clearly, the risk of this is great if amplifications start from single molecules and DNA sequences are determined from a single amplification. Under such conditions, any consistent misincorporation would result in an incorrect base being determined. For example, when mitochondrial DNA sequences are amplified from late Pleistocene cave bear remains (58), as many as a third of amplification products carry consistent misincorporations. Consistent misincorporations should be minimized when amplifications start from many molecules. One ad hoc criterion to exclude effects of misincorporations may therefore be that if amplifications start from more than 1000 molecules (46), DNA sequences may be reliably determined from a single amplification.

Common sense argues that when fewer template molecules initiate an amplification, or when their numbers are not known, two amplifications need to be performed and the sequences compared. If they do not agree at any position, a third amplification is needed to determine which of the two sequences is reproducible. Obviously, even this may lead to incorrect sequences if a particular position happens to be modified in both molecules that initiate the two first amplifications, or if a particular position is modified in two of three amplifications. However, even under the extreme scenario in which each amplification starts from a single template molecule, DNA sequences determined by this approach are unlikely to...
carry cytosine deamination-induced errors more often than about 1 in 1000 bases (58). Since cytosine deamination is significantly more frequent than other forms of miscoding lesions (58), misincorporations should not pose a problem, provided that each position is determined from two or three independent amplifications, as outlined above.

However, if modifications fall preferentially at certain positions in the ancient DNA sequences, errors may pose a serious problem. In the cave bear DNA sequences that have been studied extensively with respect to modifications of C residues, no evidence for hotspots for modifications was found (58). However, the power to detect such hotspots was small. Other attempts to identify hotspots using amplifications of human mitochondrial control region sequences from ancient remains (34) suffer from the problem that the ubiquitous contamination with contemporary human DNA (see below) may confound the results. Nevertheless, from a chemical point of view, DNA sequence context is expected to affect the frequency of most types of DNA damage and this is therefore a source of concern. One way to assess if errors induced by damage or some other mechanism are frequent in ancient DNA sequences is to ask if any apparent acceleration is observed in the rate of evolution of DNA sequences from ancient organisms relative to closely related extant organisms. Such an acceleration would result if the ancient DNA sequences shared substitutions induced by postmortem modifications at particular sites. For three species, cave bears, ground sloths, and Neandertals, DNA sequences have been determined using the criteria described above. When they are compared with extant brown bears, extant sloths, and extant humans (58), no such acceleration in the ancient species is seen. Thus, few if any fixed substitutions due to misincorporations occur in the DNA sequences determined from these extinct creatures. Obviously, this does not mean that no errors at all are present in these DNA sequences (128). Therefore, whenever conclusions rely on the presence of any particular base at a certain position, care should be taken to reproduce the amplifications several times, preferably from extracts that contain many template copies.

**Contamination with Exogenous DNA**

**PERVASIVENESS OF CONTAMINATING DNA** Many ancient samples contain no endogenous DNA detectable with current techniques. For example, in a recent survey of 24 Neandertal remains from various localities in Europe, only four were found to contain Neandertal DNA. However, if primers that amplify contemporary human DNA are used to perform amplifications from such Neandertal extracts as well as from cave bears from the same caves, most yield DNA sequences similar or identical to those found in contemporary humans (130). This represents a serious problem that was already noted in early studies of ancient DNA. Two approaches to alleviate this problem were suggested. First, to avoid laboratory contamination to the greatest extent possible, it is essential to handle specimens, perform DNA extractions, and set up amplifications in dedicated laboratory facilities where no post-PCR work has ever been conducted (105). Ideally, such laboratories should
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be as distant as possible from laboratories where work with contemporary DNA is performed. All extraction work should be conducted with protective clothing and the work space cleaned regularly with oxidants such as bleach and irradiated with UV lights. Second, it was suggested that explicit criteria that support the authenticity of DNA sequences should be followed (104). Contamination remains the single most serious concern in the study of ancient DNA (46, 47, 62, 74, 159), a reality reflected in the continuous evolution of techniques to avoid contamination as well as the addition to and modification of criteria of authenticity.

CRITERIA OF AUTHENTICITY  The first published criteria of authenticity (104) were limited to three points: (a) testing of control extracts should be performed in parallel with extracts from old specimens to detect contamination introduced from reagents and solutions during the extraction procedure; (b) more than one extract should be prepared from each specimen and both should yield identical DNA sequences; (c) there should be an inverse correlation between amplification efficiency and size of the amplification product, reflecting the degradation and damage in the ancient DNA template.

These criteria, although still useful, have been continuously extended (20, 45, 62, 86) as novel aspects of contamination and misincorporations have become obvious. A substantial list of criteria now exists (Table 2). Briefly, the rationales behind these are described as follows.

1. Amplification products should be routinely cloned and multiple clones sequenced. This allows any heterogeneity in the amplification product to be unambiguously detected. It also allows the spectrum of errors to be estimated.

2. Blank extraction controls should be performed alongside extractions from ancient materials. Similarly, negative PCR controls should always be performed when ancient DNA templates are amplified. In fact, since contaminants present in laboratory reagents may be of so low a quantity that they are detected only sporadically in negative controls, several amplifications without any added template should be performed in each experiment. We find it useful to routinely do three such controls. A further concern is that some extracts of ancient remains contain substances, such as sugars and microbial DNA, that may serve as a “carrier” during the PCR, allowing a contaminant of low concentration to be amplified (105). Thus, a contaminant will become amplified when such an extract is added to the amplification but not in blank PCR controls, although it may be present there. To detect this effect, it is useful to add extracts from ancient species for which the primers used will not work to negative PCR controls to see if some amplification product appears.

3. Repeated amplifications from the same or different extracts from the same specimens are necessary for at least three reasons. First, they are useful to detect contamination of a particular extraction or amplification. Second, when very low numbers of template molecules exist in samples, extracts or
TABLE 2  Criteria of authenticity for ancient DNA

1. Cloning of amplification products and sequencing of multiple clones
   This serves to detect heterogeneity in the amplification products, due to contamination, DNA damage, or jumping PCR (176).

2. Extraction controls and PCR controls
   Each set of extractions should include at least one extraction control that does not contain any sample material but is otherwise treated identically. Similarly, for each set of PCRs, multiple negative PCR controls should be performed to differentiate between contamination that occurs during the extraction and during the preparation of the PCR.

3. Repeated amplifications from the same or several extracts
   This serves two purposes. First, it allows detection of sporadic contaminants (see main text). Second, it allows detection of consistent changes due to miscoding DNA lesions in extracts containing extremely low numbers of template molecules.

4. Quantitation of the number of amplifiable DNA molecules
   This shows whether consistent changes are likely to occur or not. If consistent changes can be excluded (roughly for extracts containing > 1000 template molecules), a single amplification is sufficient. Quantitation has to be performed for each primer pair used as the number of amplifiable molecules varies dramatically with the length of the amplified fragment, the sensitivity of the specific primer pair used, and the base composition of the amplified fragment.

5. Inverse correlation between amplification efficiency and length of amplification
   Because ancient DNA is fragmented, the amplification efficiency should be inversely correlated with the length of amplification (Figure 1).

6. Biochemical assays of macromolecular preservation
   Poor biochemical preservation indicates that a sample is highly unlikely to contain DNA. Good biochemical preservation can support the authenticity of an ancient DNA sequence.

7. Exclusion of nuclear insertions of mtDNA
   It is highly unlikely that several different primer pairs all preferentially amplify a particular nuclear insertion. Therefore, substitutions in the overlapping part of different amplification products are a warning that nuclear insertions of mtDNA may have been amplified. A lack of diversity in population studies can also be taken as an indication that nuclear insertions may have confounded the results.

8. Reproduction in a second laboratory
   This serves a similar purpose as criteria 2 and 3, i.e., to detect contamination of chemicals or samples during handling in the laboratory. In our view this is not warranted in each and every study, but rather when novel or unexpected results are obtained. Note that contaminants that are already on a sample before arrival in the laboratory will be faithfully reproduced in a second laboratory.

aliquots of extracts may only sporadically contain DNA template molecules. Three extracts (130) may be a reasonable number of extraction attempts before a specimen of interest is abandoned as containing no useful DNA. Third, as discussed above, nucleotide misincorporations leading to consistent changes can be detected only when multiple amplifications are performed.
4. Quantitation of the number of amplifiable DNA molecules (Table 2) present in an extract serves to determine if so few molecules initiate the PCR that consistent changes may occur (Figures 2 and 3). Note that PCR-based quantitation needs to be performed for each primer pair used since different primers may vary substantially in how efficiently they initiate amplifications. If a large number of molecules is present (>1000 may serve as a rule of thumb) (46), and only one type of DNA sequence is expected, there is no need to perform more than two amplifications since consistent changes are extremely unlikely to occur. If fewer molecules are present, several amplifications are needed (criterion 1). The most economical way to proceed is to first perform two amplifications and sequence several clones from each. If a consistent difference between the two sets of sequences is observed (58), a third amplification is in general sufficient to determine which of the two sequence variants is reproducible, provided that what is studied are mitochondrial DNA sequences or other DNA sequences for which an individual is expected to carry only a single DNA type. If an autosomal sequence for which two alleles may exist is studied, the two amplifications should yield an approximately equal number of the two alleles only if the amplification starts from many molecules. If it starts from few molecules, multiple successive amplifications are necessary to distinguish homozygous individuals from heterozygous individuals (93, 94). However, if the genotype of the individuals is not of interest, two to three amplifications will suffice (38, 69).

5. An inverse correlation between amplification efficiency and length of the amplification is a very simple indicator of the extent of degradation and blocking lesions present in an ancient DNA template (Figure 1). There are large differences in the length of amplifications that can be achieved from different specimens. Thus, whereas most ancient remains will not allow the amplifications of more than 100 or 200 base pairs of mitochondrial DNA (104), a few thousand-year-old remains of New Zealand flightless birds allow as much as about 500 bp of mitochondrial DNA to be retrieved in a single amplification (18, 19), and amplifications up to 1.6 kb have been reported from permafrost remains (81). In general, if shorter fragments are not more readily amplified than longer ones when compared with modern DNA sequences, it is an indication that the source of the DNA is likely be modern contamination. If longer DNA sequences are determined by shorter overlapping segments, variable positions in the overlap or the primer site should confirm that the two sequences are indeed linked.

6. Biochemical assays of macromolecular preservation serve two purposes. First, they support the claim that a specimen is well enough preserved to allow the preservation of DNA. Second, they may be used as rapid screening techniques to identify specimens that, according to their general state of preservation, may contain DNA. Several techniques have been suggested. The most widely used is the analysis of amino acids present in specimens (115), and the measures of amino acid preservation used have evolved as
more experience has been gained. Thus, in our hands, the combination of total amount of amino acids, the composition of amino acids, and their extent of racemization is a useful proxy for DNA preservation in bones and teeth (80, 115, 130). Although the kinetics of racemization depend upon the position of the aspartic acid in the protein chain (15), specimens that contain very few amino acids, possess a composition of amino acids that indicates that their macromolecules have been replaced by microorganisms, or extensively racemized amino acids are unlikely to contain endogenous DNA. Alternative methods include the estimation of the ratio of peptide fragments to single amino acids via mass spectrometry (117), direct assessment of bone histology (6, 8, 16, 70), determination of DNA damage via gas chromatography/mass spectrometry (65), measurement of porosity and density in bone (95), and transmission electron microscopy (75). Large-scale studies of the correlation of each of these techniques with the preservation of unambiguously authentic ancient DNA would be very valuable.

7. DNA fragments derived from genomes of organelles such as the mitochondria (9) are often present in the nuclear genome (148). Because mitochondrial DNA is the molecule of interest in most ancient DNA projects, such nuclear integrations may occasionally be amplified by PCR and be mistaken for the organellar DNA sequences. This is particularly likely to happen if the primers used differ from the organellar DNA sequence in the individual specimen but not from the version of the same sequence that exists as a nuclear insertion. Erroneous conclusions regarding intraspecific variation (143) as well as species phylogenies (152) will then result. To prevent this problem, different primer sets can be used to amplify the same overlapping and variable sequences since it is very unlikely that two primer sets would both preferentially amplify a particular nuclear insertion (80). However, in species where very large numbers of nuclear copies of mitochondrial DNA exist, multiple sequences may be obtained from all primer pairs, making the determination of mtDNA sequences impossible (143).

8. A further criterion suggested early on when the seriousness of the contamination threat was realized (2, 45–47, 53, 54, 121, 175) is that crucial results should be reproduced in a second laboratory. This serves the same purpose as extraction and PCR controls in one laboratory (criterion 1), i.e., to detect a laboratory contaminant, for example a previous amplicon that exists in one laboratory. Replication in a second laboratory is thus an additional precaution to exclude the unlikely occurrence of a laboratory contaminant that fails to appear in blank extracts and negative PCR controls. This is warranted, in our opinion, when a novel and unexpected result of great consequence is obtained. In such cases, samples should preferably be sent independently from a museum or excavation directly to the two laboratories so that a potential laboratory contaminant cannot be transferred between laboratories.
AN INTEGRATED APPROACH TO AUTHENTICATION  

In general, it is of paramount importance to consider all of the criteria in Table 2 as well as other potential sources of errors in every ancient DNA study. It is also of obvious importance to make all data, for example clone sequences, publicly available. However, a rigid adherence to each and every criterion in every case is not warranted because all sources of errors do not occur in all studies. Although extraction and PCR controls should always be performed, several amplifications from one and the same extract are wasted efforts if a quantitation reveals that amplifications from a specimen start from thousands of template molecules because consistent changes are not expected to occur. Biochemical analyses of preservation may also be superfluous when specimens are obviously well preserved. However, when conclusions of great biological significance rely on the authenticity of a particular sequence of ancient DNA, many or all of the criteria in Table 2 should be fulfilled, including repetition in a second laboratory to exclude the unlikely event of a laboratory contaminant not detected by blank extractions and extracts from irrelevant organisms. Thus, when the first Neandertal DNA sequence was determined (80), all the criteria were used to the extent that current understanding allowed, including repetition in a second laboratory. Repetition in a second laboratory was done also for the second Neandertal DNA sequence (101), but as subsequent Neandertal DNA sequences have been found to be similar to the first determined ones (78, 128, 130), repetition in another laboratory is, in our opinion, extravagant. However, an unusual or unexpected result of great consequence would clearly warrant repetition in a second laboratory. Such an example would be the detection of a Neandertal-like mitochondrial DNA sequence in an early anatomically modern human, a finding that would represent the first direct proof of genetic interbreeding between these two groups of hominids.

Note that fulfillment of the criteria in Table 2 cannot be taken as proof that a DNA sequence is genuinely ancient. For example, if a specimen is contaminated with a certain DNA sequence, then all the criteria, including repetition in second laboratory, can be fulfilled but the result would still be invalid. For example, an approximately 30,000-year-old tooth once belonging to a bear from China yielded reproducible human DNA sequences (62), as have several Pleistocene cave bear remains in Europe (130). In such cases, all of the criteria in Table 2 could, in principle, be fulfilled although the results are patently flawed. Thus, scientific judgment of the reliability of results is even more of a necessity in the study of ancient DNA than in many other areas of genetics.

HUMAN DNA SEQUENCES?  

As indicated above, human DNA is easily retrievable from most animal bones analyzed. This shows that human DNA is almost ubiquitous in specimens and laboratory environments and means that in cases where a DNA sequence identical or similar to contemporary humans is determined, it is impossible to establish its authenticity even with rigorous application of the criteria in Table 2. This sad conclusion applies to many early studies performed before the severity of this problem was realized (48, 98, 103), as well as to more
recent work where Cro-Magnon DNA sequences (1, 14) or more modern human DNA sequences have been determined (99, 154, 172). The only possible exceptions are unusual instances in which relatively rare variants are expected that are not present in the investigators, including excavators, museum personnel, or laboratory researchers. This may in some cases apply to Native American remains, (see 116, 137–139; reviewed in 71) or to an isolated population such as the Andaman Islanders, east of India (27, 144). It may also be true for extremely well-preserved remains retaining large amounts of DNA, a very rare occurrence in temperate zones.

GENETICS THROUGH TIME

Older and Older DNA

After the cloning and subsequent amplification of DNA sequences from the quagga (55, 106), the PCR was next applied to another extinct animal, the marsupial wolf, a carnivorous dog-like Australian animal (146). Short stretches of the mitochondrial cytochrome b gene showed the Tasmanian wolf to be related to other Australian carnivorous marsupials but not to South American marsupials (76, 77, 146), as had also been suggested. This established the retrieval of DNA from museum specimens by PCR as a viable approach to the study of extinct animals.

DNA sequences were also soon extracted from species that became extinct so long ago that they are only found by archaeologists, and speleologists. The first results achieved were from the extinct moas (19), giant flightless birds from New Zealand that appeared morphologically similar to the kiwis currently living in New Zealand as well as to the ostriches in Africa, the rheas in South America, and the emus and cassowaries in Australia. Mitochondrial DNA sequences from specimens of four species of moas, one of them dated to approximately 3550 years B.P., showed that the moas were related more closely to the Australian emus and cassowaries than to the kiwis. This indicated that New Zealand was colonized twice by flightless birds, once by the ancestors of moas and once by the ancestors of kiwis. Recently, this has been substantiated by the retrieval of complete or almost complete mitochondrial genomes in small (200–600-bp) overlapping fragments from four moas (18, 41). These technical achievements have also allowed a more exact dating of the divergences among this group of birds and suggested a late Cretaceous origin for these flightless birds as well as other avian orders.

Another exciting development was the retrieval of DNA sequences that date back to late Pleistocene, i.e., before the last glacial maximum around 10,000 years ago. For example, DNA sequences were retrieved from mammoths (43, 67). To date, there are nine independent reports of mammoth and mastodon DNA sequences (21, 38, 39, 43, 67, 97, 102, 145, 171). Other late Pleistocene mammals from which DNA sequences have been determined are ground sloth (37, 56, 60, 64, 114), cave lion (11), and cave bear and late Pleistocene brown bear (7, 49, 57, 61, 83, 90, 100), allowing direct assessment of the genetic relationships of these extinct animals to each other and to extant animals.
Antediluvian DNA

To enthusiasts, it once seemed that there was no limit to what could be achieved when the PCR was applied to ancient remains. As a result, spectacular reports about DNA sequences dating back millions of years were published. First among these were chloroplast DNA sequences from Miocene plant compression fossils (35, 135), followed by DNA sequences from insects and plants in amber (13, 22, 113), a mitochondrial DNA from a Cretaceous dinosaur bone from Utah (170), DNA sequences from bacteria in the guts of amber-entombed insects (12), and bacteria in salt crystals (29, 158). However, based on extrapolation from the rates of DNA damage, the idea that DNA can survive for millions of years was questioned (85, 107). There were also reports of the inability to replicate results in the case of the Miocene plants (132) and the amber inclusions (5). The lack of preservation of other molecules, such as lignin in the Miocene plants (89) and chitin in amber-entombed insects (136), has also been used to argue against the preservation of DNA in these fossils. In one case, it was even shown that a putative mitochondrial DNA sequence from a dinosaur actually stemmed from a mitochondrial insertion in the nuclear human genome (2, 53, 54, 175). In our opinion, it is likely that all million-year-old DNA sequences are artifacts.

WHAT IS ACHIEVABLE?

Given that the chemical properties of DNA probably restrict the survival of any molecules to this side of a million years even in favorable environments where low temperatures and dry conditions slow the rate of chemical processes that degrade DNA (65, 133, 134, 164, 165), what has the study of ancient DNA achieved to date and what can be expected in the future? Below, we outline some broad areas where ancient DNA sequences have yielded novel insights and where further progress can be expected.

Species Phylogenies

An obvious avenue of research opened up by ancient DNA sequences is the ability to relate extinct species with extant species via molecular phylogenies. Australian marsupial wolves (76, 77, 146), New Zealand moas (18, 19, 41), American ground sloths (37, 64) and endemic Hawaiian geese (108) are examples of about 50 extinct animal species (Figure 4) for which this has been done. In fact, many natural history museums, realizing that their collections represent genetic repositories, have established guidelines for removal of samples for molecular analyses and even installed molecular laboratories to work on their collections (142).

DNA sequences that occur in many hundred copies per cell, such as mitochondrial DNA and chloroplast DNA, are more often retrievable from ancient specimens than are nuclear DNA sequences that occur only once per haploid genome. Therefore, phylogenies cannot usually be estimated from several independent genetic
Figure 4  Histogram showing the cumulative number of extinct species from which ancient DNA sequences have been retrieved.

Figure 4  Histogram showing the cumulative number of extinct species from which ancient DNA sequences have been retrieved.

loci. This limits the ability to resolve phylogenies of species that either diverged recently in time or so rapidly that different parts of the genome have different phylogenies. However, there are encouraging indications that this limitation can sometimes be overcome. For example, nuclear DNA sequences have been determined from several Pleistocene animals (38, 112) and from plants preserved in dry environments (36, 69). Recently, sex determination of moa samples using nuclear DNA sequences has revealed that several moa forms previously regarded as different species based on their morphology were, in fact, male and female birds of the same species (10, 68). Consequently, the number of moa species has been reduced from 11 to 9 (Figure 5).

Population History and Phylogeography

The preservation of many individuals from a single locality, either in the form of museum specimens collected by earlier generations of naturalists or retrieved by archaeologists at a single site, provides the opportunity to track changes in the population over time. The first example of this was a study of three populations of kangaroo rats in California that were collected by zoologists in the first half of the
Figure 5  Phylogenetic tree for mitochondrial DNA of extinct moas from New Zealand (modified after 40). Numbers 1–3 represent three species that had been established based on morphological traits. However, sex determination based on ancient DNA showed that putative species 1 contained only males, whereas putative species 2 and 3 were made up exclusively of females. Together with the mtDNA analysis, this suggests that these moas represent a single highly dimorphic species with a phylogeographic division between the North and South Islands.

past century. When present-day populations sampled at the identical localities were compared with the museum specimens (147), spatial stability of mitochondrial lineages was demonstrated—a situation that may be typical of undisturbed habitats. This, however, is not always the case. A recent study in the Chicago area has demonstrated that mitochondrial lineages of mice have been replaced over the
last 150 years, probably due to human influence (109). Other species for which population history has been followed over time are rabbits (51), pocket gophers (42), black-footed ferrets (167), sea otters (82), otters (110), grizzlies (92), red squirrels (44), and penguins (81, 122).

A landmark study used analysis of late Pleistocene brown bears to radically alter the view of bear population dynamics in Alaska (7, 83). Whereas mitochondrial brown bear lineages today are neatly distributed in different geographical areas of the world, this study showed that the same mitochondrial lineages coexisted in a single area about 35,000 years ago. This has potentially great implications for conservation genetics as it is often argued that mitochondrial lineages that are spatially separated today have been separated for much longer time periods and may represent “subsppces” adapted to different environments. As a consequence, it is often suggested that they should be managed separately and not allowed to mix in captivity or through enhancement of wild stocks. For bears, ancient DNA sequences have proved that contemporary samples do not reproduce long-term patterns. In the future, direct testing of the phylogeographic patterns of additional species will, it is hoped, clarify whether modern patterns are recent effects of random genetic drift in small populations or reflect long-term separation of populations.

Hominids

The study of ancient DNA sequences has had relatively limited impact on our understanding of recent human history, and this situation is unlikely to change in the near future (63). The reasons are the ubiquitous problems with contamination by modern human DNA and the fact that many modern human populations share identical DNA sequences even in the rapidly evolving mitochondrial genome. Ancient DNA has, however, yielded insights into the relationship between anatomically modern humans, who spread from Africa to the rest of the world beginning around 100,000 years ago, and their forerunners in Europe, the Neandertals. Neandertals lived in Europe and western Asia from around 300,000 years ago until disappearing from the fossil record a little after 30,000 years ago. Using fossil and cultural evidence, some paleontologists have argued for a substantial genetic contribution of Neandertals to the newly arrived modern human populations, making Neandertals ancestral to modern Europeans (25, 52, 150, 168, 169), or even for continuity between Neandertals and modern Europeans. However, the majority of paleontologists (140, 141) interpret the same data to be consistent with a complete or almost-complete replacement of Neandertals when modern humans arrived in the area.

Ancient DNA analysis provided a way to directly test the predictions of these hypotheses. The determination of a 380-bp segment of the hypervariable part of the mitochondrial genome from the Neandertal type specimen showed that this individual carried a mitochondrial type quite different from those of contemporaneous humans and that this mtDNA fell outside the variation of modern humans in phylogenetic trees (80). This result was subsequently corroborated by more
mtDNA sequences from the same individual (79), as well as by the determination of mtDNA sequences very similar to those of the type specimen from three additional Neandertal individuals (78, 101, 128). Thus, it seems clear that Neandertals have not contributed mtDNA to current humans (80).

However, these results do not definitively resolve the question of a possible Neandertal contribution to the gene pool of modern humans since such a contribution might have been erased by genetic drift (80, 96) or the continuous influx of modern human DNA into the Neandertal gene pool (28). Furthermore, if some Neandertals carried mtDNA sequences similar to contemporaneous humans, such sequences may be erroneously regarded as modern contaminants when retrieved from fossils (149). We have recently started to address these issues by the analysis of 24 Neandertal and 40 early modern human remains (130). The biomolecular preservation of four Neandertals and of five early modern humans was similar, and good enough to suggest the preservation of DNA. Although the DNA sequences present in the early modern humans cannot be determined because of the aforementioned contamination problem, for all specimens we tried to amplify a fragment of mtDNA that is known to carry two particular substitutions in previously studied Neandertals. All four Neandertals yielded “Neandertal-like” mtDNA sequences, whereas none of the five early modern humans produced such mtDNA sequences, even though they were as well-preserved as the Neandertals. This information, in combination with reasonable assumptions about population history, was used to construct a statistical model that excludes any genetic contribution by Neandertals to early modern humans larger than 25%. However, any direct evidence of such a contribution has yet to be found, so it is quite possible that no such contribution took place.

**Diet and Behavior**

Extinct and extant animals are often either difficult to find or approach to remove tissue samples. However, all animals leave behind fecal remains that can be collected in the wild and are often found in the fossil record. Since it was shown that droppings of bears contain DNA both from the defecator and from plants ingested (66) and that DNA extracted from droppings can be used to genotype nuclear microsatellite loci (17, 155), feces sampling has become established as a routine technique to obtain noninvasive samples from rare and endangered animals in the wild (73). Coprolites, i.e., feces found at archaeological excavations, can similarly be used for DNA analyses. Six boluses found at Gypsum Cave in Nevada and radiocarbon-dated to approximately 11,000, 20,000, and 28,500 years B.P. contained mtDNA sequences identical to those determined from a bone of the extinct ground sloth *Nothrotheriops shastensis* (60, 114). In addition, a 157-bp fragment of the gene for the large subunit of the chloroplast ribulosebisphosphate carboxylase (*rbcL*) was amplified and several hundred clones were sequenced from each sample and compared to *rbcL* sequences from GenBank and from contemporary plants collected from the vicinity of the cave (60). Thirteen families or orders of
plants were identified, showing that the ground sloth was feeding on trees as well as on herbs and grasses. Furthermore, the types of plants in the boluses indicated that the climate at 11,000 years B.P. was dryer than at 20,000 and 28,500 years B.P. However, the sloths seem to have fed at water sources more frequently at 11,000 B.P. than at earlier times. Thus, the feeding habits and the environment before, during, and after the last glaciation can be studied through molecular coproscopy. This can be extended also to human coprolites for which the identities of not only plants but also ingested animals can potentially be determined (116).

Sediments

A further step toward a molecular genetic archaeology was the demonstration that sediments in the permafrost, as well as in caves, often contain amplifiable animal DNA that can be amplified by PCR (59, 164). In addition, plant cpDNA has been retrieved in permafrost sediments that go back 300,000 to 400,000 years in time (164), and bacteria DNA sequences have been found in sediments that go back over half a million years (166). This opens up the exciting possibility of detecting the presence of organisms even when no macroscopically identifiable remains are present.

However, the realization that such sediments can contain DNA sequences has also added an unexpected level of complexity to the analysis of both coprolites and of the sediments themselves. It is impossible to know to what extent movements of particles or molecules downwards and upwards between layers, perhaps associated with percolation of water, may have occurred. Thus, the dating of any sequence is uncertain, even if the sediment level in which it occurs is dated (59). This problem would be minimized in frozen and dry sediments, but even under such circumstances it is currently unclear to what extent movement of DNA can be excluded for the entire time since deposition. As a consequence, it is also not clear to what extent such DNA sequences in sediments can penetrate a coprolite. Thus, whereas bones and teeth have the advantage that they can yield one and only one mtDNA sequence of the relevant animal, coprolites and sedimental samples that yield several different mtDNA sequences represent a problem of interpretation. Only extensive, systematic studies can establish if coprolites and sediments are sources of reliably dated DNA sequences.

Another limitation that pertains to DNA sequences from both coprolites and sediments arises from the fact that longer DNA sequences cannot be determined through amplification of short overlapping segments because segments could come from multiple individuals or even other related species. This will limit the taxonomic resolution possible for DNA sequences from plants and bacteria. For example, in a pilot study where we sequenced a 157-bp \textit{rbcL} fragment from 99 plant species that occur today in a region in Nevada (60), 69 were correctly and 2 incorrectly assigned to taxonomic orders, whereas 28 could not be assigned to an order based on their \textit{rbcL} sequences when no differences from the data bank sequences were accepted. Only if additional information such as the current flora
and the paleobotanical record is taken into account can a more precise putative identification be achieved (56). If a single mismatch was accepted, equally many ambiguous and incorrect classifications as correct ones were seen. If simply the closest match in GenBank is used (164), the rate of misclassification is expected to be very high.

Medical Molecular Archaeology

A potentially attractive application of ancient DNA retrieval is the study of pathogens such as bacteria and viruses. A large number of papers report the retrieval of bacteria such as Mycobacterium tuberculosis (4, 23, 30, 40, 125, 173, 174) and Yersinia pestis (24, 119), as well as influenza virus from the great epidemic of 1918 (120). This is a potentially very exciting field because the evolution of some pathogens can be expected to be fast enough to allow genetic change to be followed over decades or centuries. However, potential sources of contamination may often exist. For example, soil bacteria may carry DNA sequences similar to M. tuberculosis, and some of these studies have been subject to well-reasoned skepticism (32). Thus, a series of well-controlled and rigorous studies that address technical issues and establish reliability criteria is still needed.

Origins of Domestication

Domestication of animals and plants occurred in several regions of the world starting around 10,000 years ago. It involved the initial selection of certain traits in wild ancestral populations and the continuous selection of these and other traits as the domesticate was adapted to its new role. In addition, out-crossing with wild species and the spread of the domesticate over larger regions often occurred. Variable genetic loci that were not selected during domestication, such as mtDNA, can be used to examine whether many different wild populations have contributed to the gene pool of current domesticates or if domestication originated from only one region. Genes selected during domestication can be identified by their low variation compared with the wild ancestor. Once such genes are identified, one can, in principle, determine the time at which various traits were selected by analyzing the variation in ancient samples.

Contemporary cow mtDNA sequences have been compared with those of the extinct wild ancestor, the aurochs, from Europe (6, 151). The results show that the European aurochs carried mtDNAs different from current cows, which were presumably domesticated in the Near East and did not interbreed with local wild cows when introduced by early Neolithic farmers to Europe (Figure 6). Unfortunately, aurochs samples from the Middle East have not yet yielded any DNA sequences and so the wild ancestral cow population has not been identified.

Horses differ from cows in that ancient wild horses from Asia and Alaska fall among mtDNA sequences of contemporary horses in tree analyses (156). Thus, many different ancestral horse populations have contributed to the gene pool of modern horses.
Figure 6  Phylogenetic tree for mitochondrial DNA sequences of domestic cows and European aurochs. The analysis indicates that the European aurochs has not contributed mtDNA to contemporary cows. The tree is rooted with a zebu (Bos indicus) (modified after 149).

Dogs are domesticated versions of wolves, and comparisons of the mtDNA diversity in the two species show that dogs retain much of the diversity of wolves (126, 157). There may be indications that the domestication event took place in Asia (126) but if so, later interbreeding has allowed additional wolf mtDNAs to become incorporated into the dog. This apparently did not happen when dogs arrived in the New World with Native Americans because pre-Columbian dogs in the Americas differ from American wolves with respect to their mtDNA (84). Pigs (161, 162), goats (72), and rabbits (51) are other domesticated animal species for which studies of both contemporary and ancient mtDNA have begun to shed light on the domestication process.

Archaeological evidence suggests that maize was derived from teosinte, a wild grass in Mexico, by about 6300 years ago (91, 111). After initial domestication,
Figure 7  Phylogenetic tree for selected (left) and unselected (right) parts of the gene $tb1$ in maize and its wild ancestor teosinte (modified after 158). The selected part of the gene carries drastically less diversity in maize than in teosinte and is derived from one or a few teosinte alleles.

early farmers continued to select for advantageous morphological and biochemical traits, but the timing and order in which these traits were selected is known only for features that can be seen in corn cobs found at excavations. Recently, three genes selected during domestication that are involved in the control of plant architecture, storage protein synthesis, and starch production, respectively, have been cloned and relatively well characterized (160, 163). In each of these genes, the allelic diversity is reduced in maize as compared with teosinte, presumably as a result of selection by early farmers (Figure 7). This makes it possible to ask whether for a particular gene this reduction has occurred at a certain point in time, provided DNA sequences can be determined from ancient corn cobs. Fortunately, maize is unusual in that nuclear DNA sequences can often be retrieved, probably because maize contains relatively few nucleases, and has often been preserved in dry environments (36). When the three genes were analyzed in 4400-year-old maize from Mexico and in 2000-year-old maize from New Mexico, the alleles typical of contemporary maize were found to be present already by 4400 years ago (69). Thus, early farmers selected not only genes affecting the structure of the maize plant, but also genes that affect biochemical properties of the plant such as protein and starch composition.
However, there were also indications that as recently as 2000 years ago, allelic selection at one of the genes may not yet have been complete. Because corn cobs are abundant at many archaeological sites in the Americas and additional genes involved in properties unique to maize will be identified, one can hope that a detailed understanding of where and when particular genetic variants of maize developed will become possible in the future. Similar analyses in other important domesticates would also be interesting.

THE FUTURE

The study of ancient DNA has the allure of time travel and attracts much attention and many practitioners. However, the generation of results that are reliable, reproducible, and interesting requires more than the mere application of methods that are commonplace in most molecular laboratories. The first prerequisite of any ancient DNA project should be a clear understanding of the biological question at hand and how analysis of ancient DNA is an essential aspect of addressing the question. Attention should be paid to the expected outcome. For example, an investigator proposing to study mtDNA variants in individuals from a 1000-year-old graveyard should realize that very few, if any, mutations could be expected to have appeared in that time and so little information of value may be gained, whereas contamination would be problematic. Other projects such as ancient DNA analyses of public personalities such as Christopher Columbus, Jesse James, or former U.S. presidents may be novel and of interest to the public. However, they are devoid of any larger scientific contribution and sometimes ethically questionable (3). Moreover, the power of the PCR, the key molecular technique in ancient DNA research, is such that even with laborious, painstaking precautions, erroneous results are common. Therefore, the most important prerequisite for successful ancient DNA research is a highly skeptical attitude to one’s own work. The criteria detailed in this paper are a mere framework for validation of results, and their efficacy depends wholly upon their integrated use in a project characterized by clear scientific reasoning. With this in mind, the analysis of ancient DNA offers the unique possibility to allow long-deceased individuals and extinct species to contribute to our understanding of molecular genetic evolution.

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