



THE ROLE  
OF CULTURE  
IN EARLY  
EXPANSIONS  
OF HUMANS

# Coastal adaptations on the Western Cape

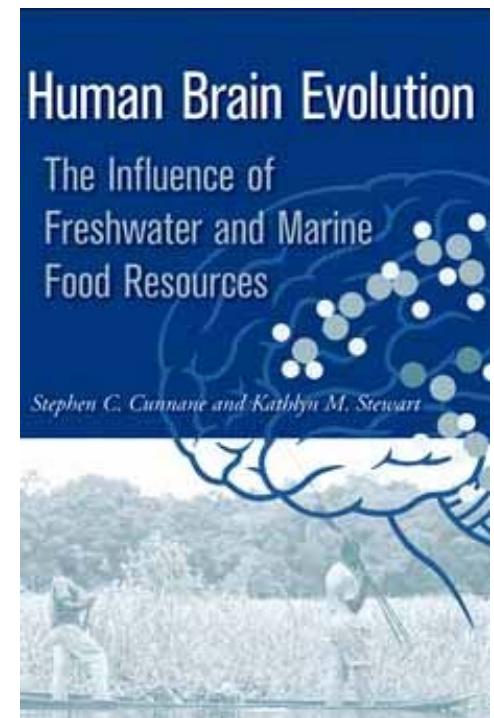
Nicholas Conard  
Tübingen

# Research Questions

- How did modern humans evolve?
- What role did coastal adaptations play?
- What do we know about MSA & LSA coastal adaptations?

## Hypotheses

- Parkington's seafood model
- Marean's Pinnacle Point refugium model



Cunnane & Stewart (Eds.) 2010

# Coastal Adaptations

**Earliest evidence:** „shell middens“ MSA South Africa (beginning ~164 ka?)

How do we define shell middens?



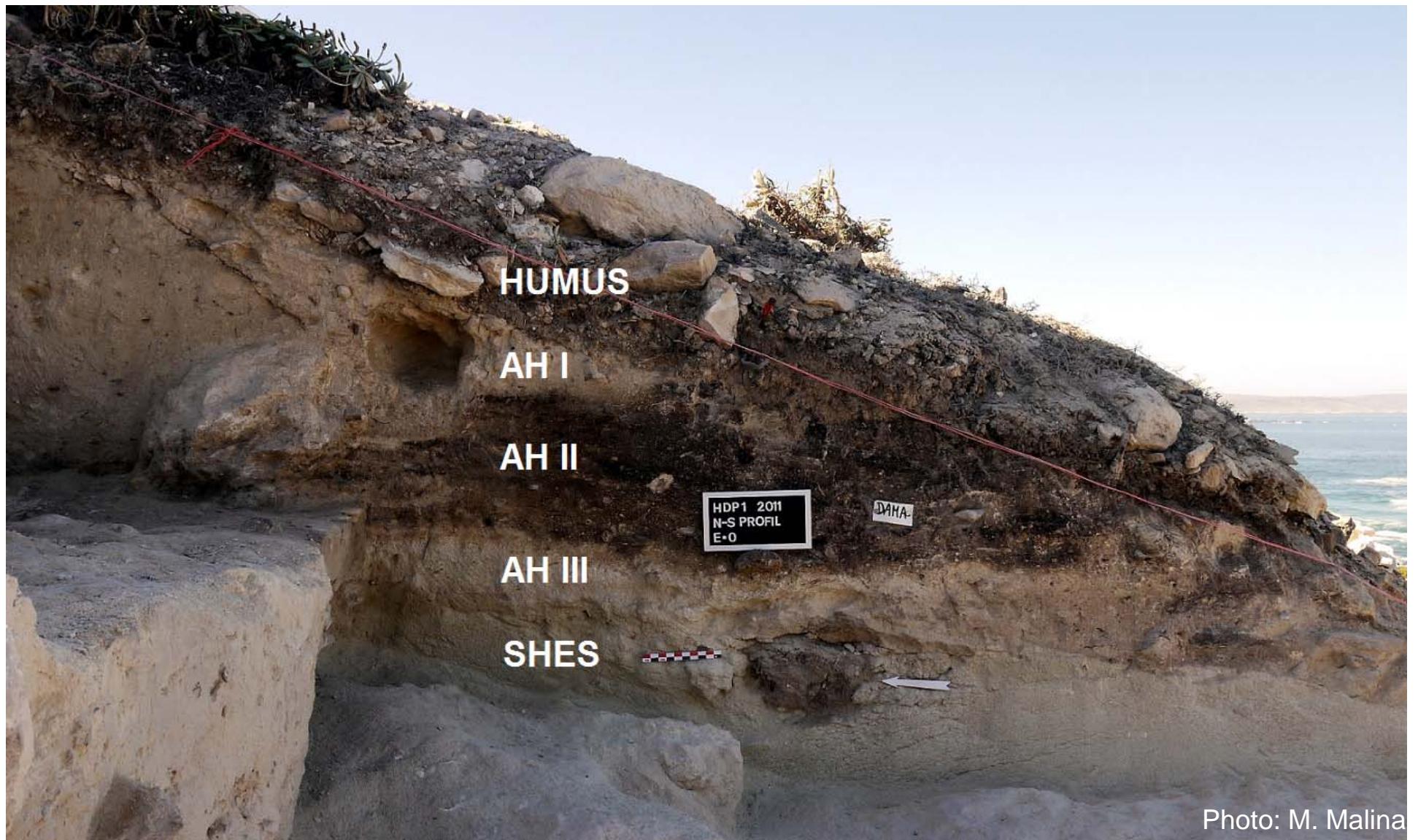


Photo: M. Malina

# Stratigraphy 2011



**“Shell midden“ or  
a picnic on the beach**

Layer	PAT (kg)	PAT* (kcal)	CM (kg)	CM* (kcal)	Total (kg)	Total* (kcal)	% PAT
AH I	5.6	4760	2.5	900	8.1	5660	69%
AH II	2.2	1870	0.7	252	2.9	2122	76%
AH III	5.5	4675	0.8	288	6.3	4963	87%
<b>TOTAL</b>	<b>13.3</b>	<b>11,305</b>	<b>4</b>	<b>1440</b>	<b>17.3</b>	<b>12,745</b>	<b>77%</b>



*Cymbula  
granatina*



*Choromytilus  
meridionalis*

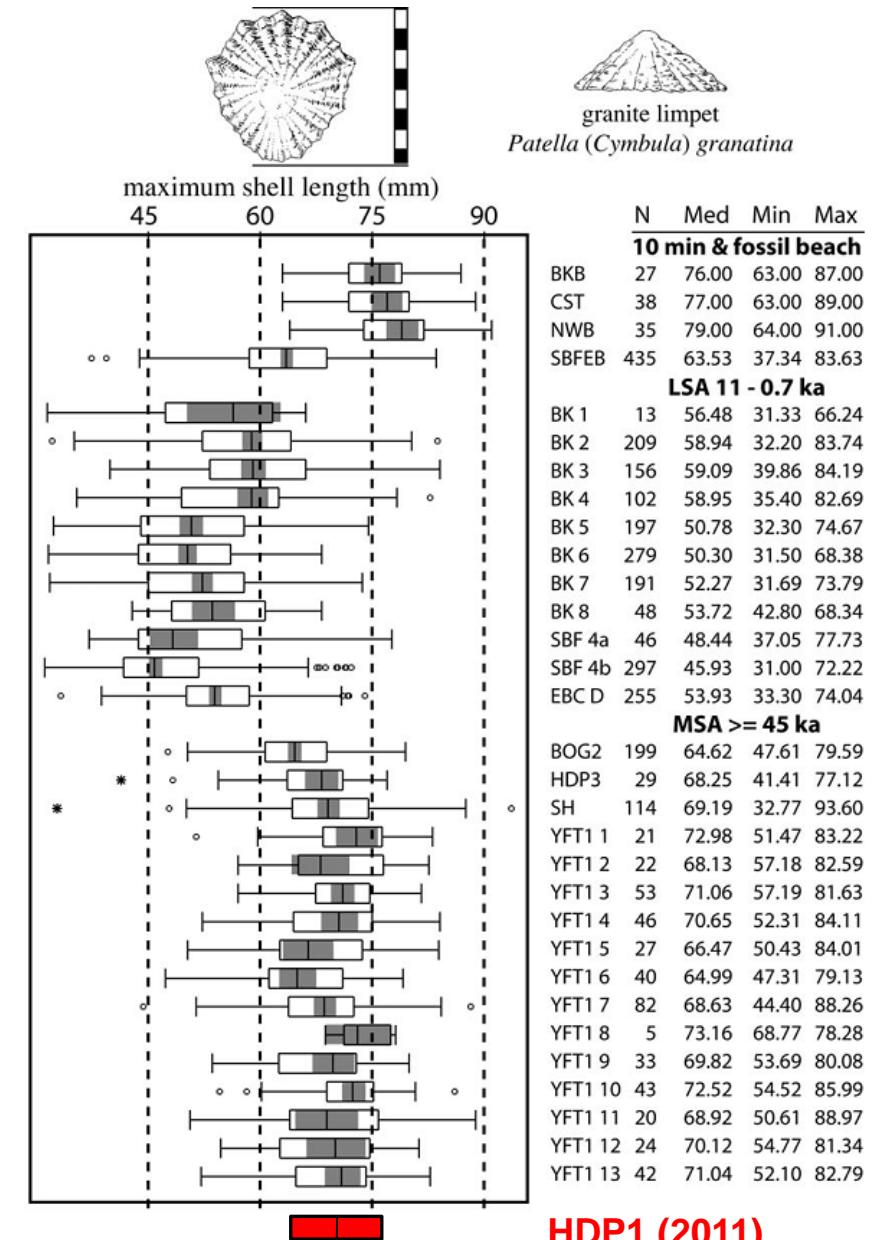
## Shellfish calories and densities

## HDP1 Limpet sizes

Valid <i>n</i>	60
Mean	69.8 mm
Median	71.2 mm
Maximum	84.6 mm
minimum	43.6 mm
Standard deviation	8.0 mm

Data by K. Kyriacou

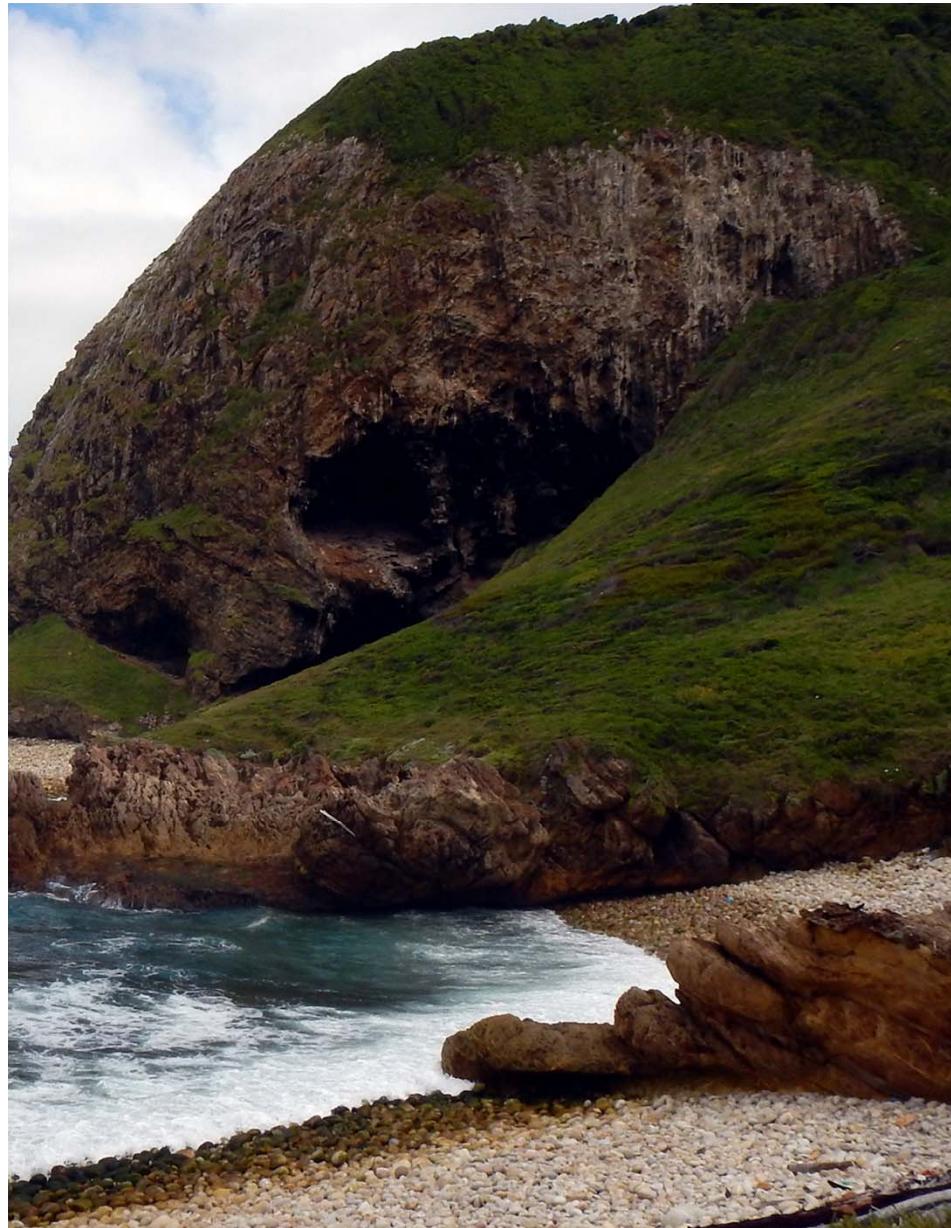
Conform to the typical MSA pattern



HDP1 (2011)

Avery et al. 2008

# Shellfish dimensions



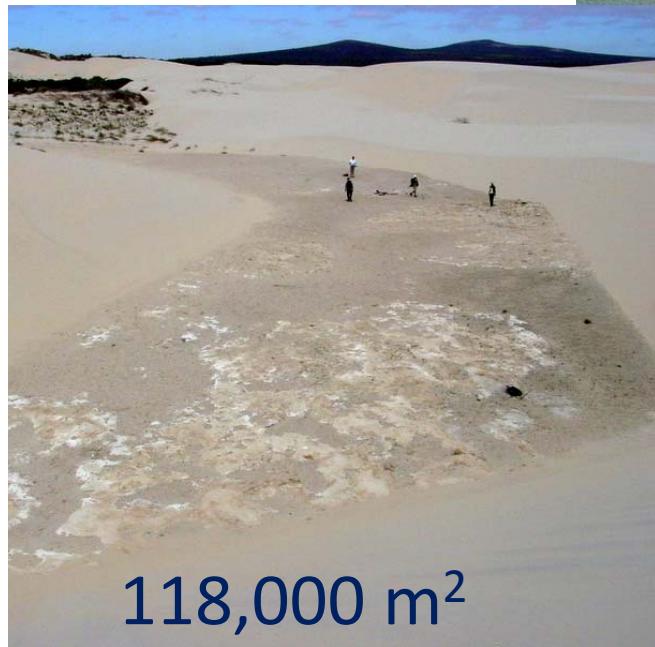
Photos S. Mentzer & C. Miller

**Klasies River Mouth / variable at time high densities**

Site	Density (kg/m <sup>3</sup> )	Chronology
Pinnacle Point 13B	0.01 - 9	MIS 6 – 5c
Hoedjiespunt 1	11 - 13	MIS 5e
Klasies River	0.3 – 163	MIS 5d - 3
Blombos Cave	<10 – 164	MIS 5e – 5a
Elands Bay	289 – 302	LSA

## Shell Middens ?

**Clast supported shell middens are rare in the MSA  
and much more common in the LSA**



**Geelbek Dunes**  
**Anyskop Blowout**  
**1998 – 2002 (2007)**



# GEELBEK DUNES & DUNE MIGRATION





**Geelbek Geological setting**  
**Letting nature do the digging...**

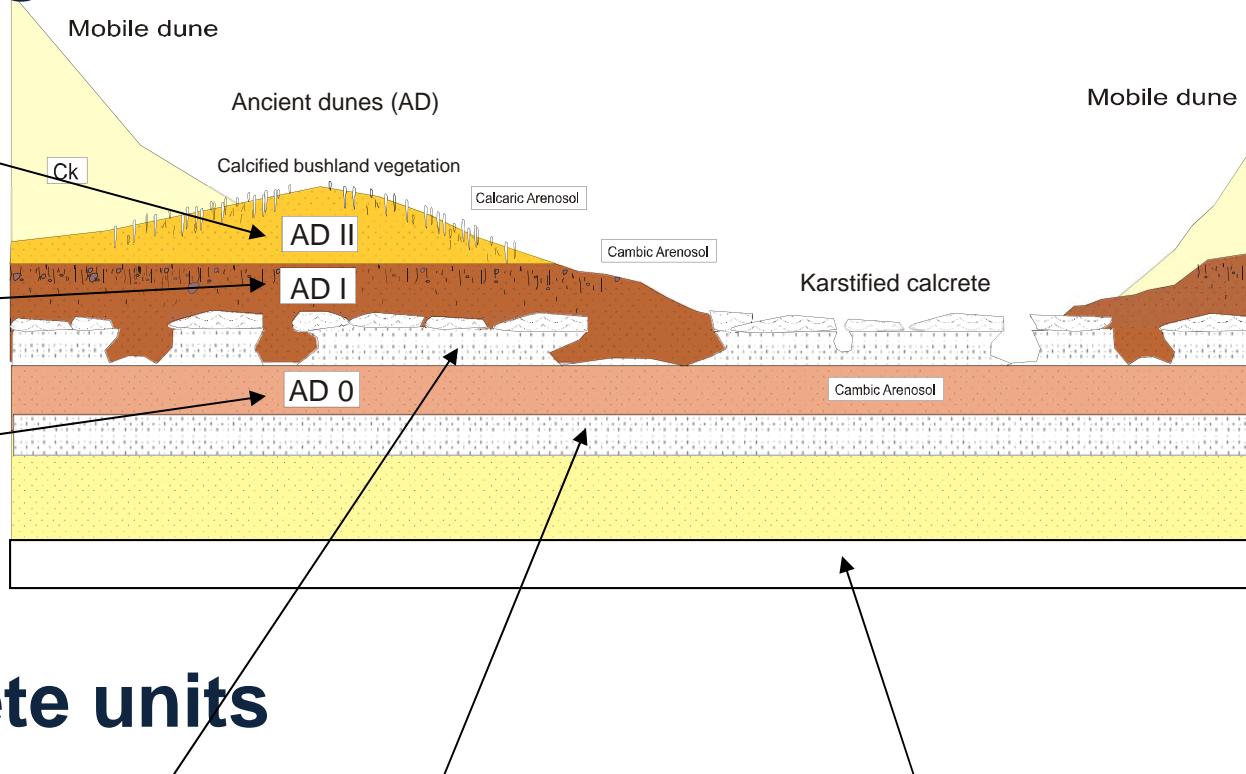
# Geelbek Chronostratigraphy

3 sand units

5 - 6 ka BP

10 - 11 ka BP

Undated



3 calcrete units

65 ka BP / 125 – 150 ka BP / 225 – 250 ka BP

# Dune migration

1998

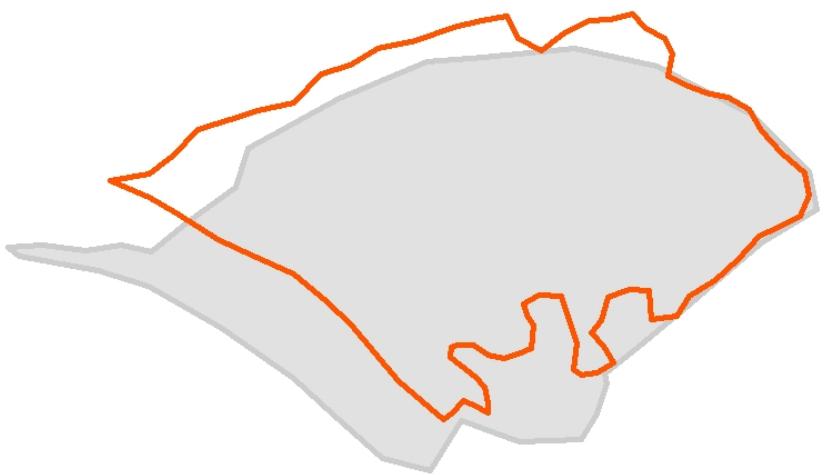
Stella

0 25 50 75 100 Meters

N



1999



Stella

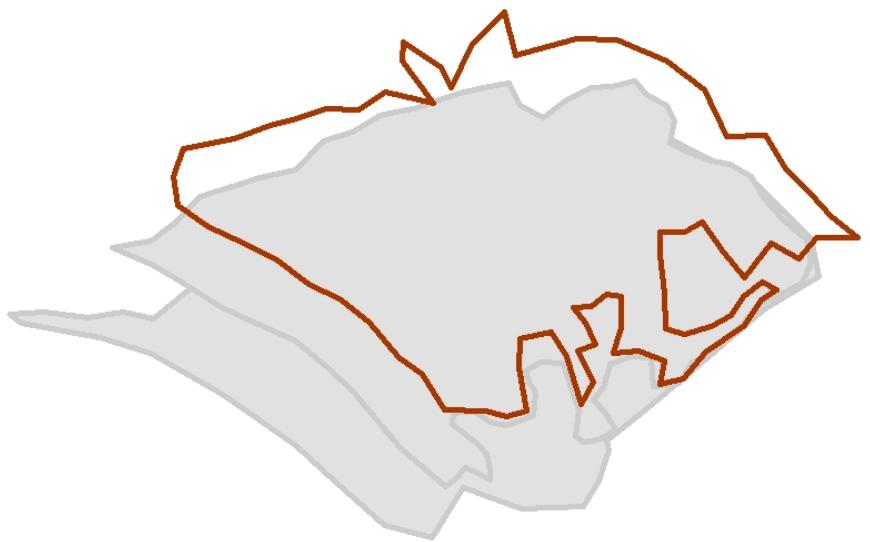


0 25 50 75 100 Meters

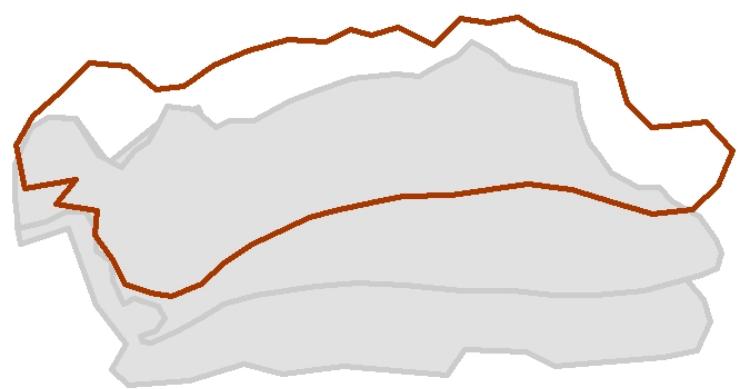
N



2000



Stella

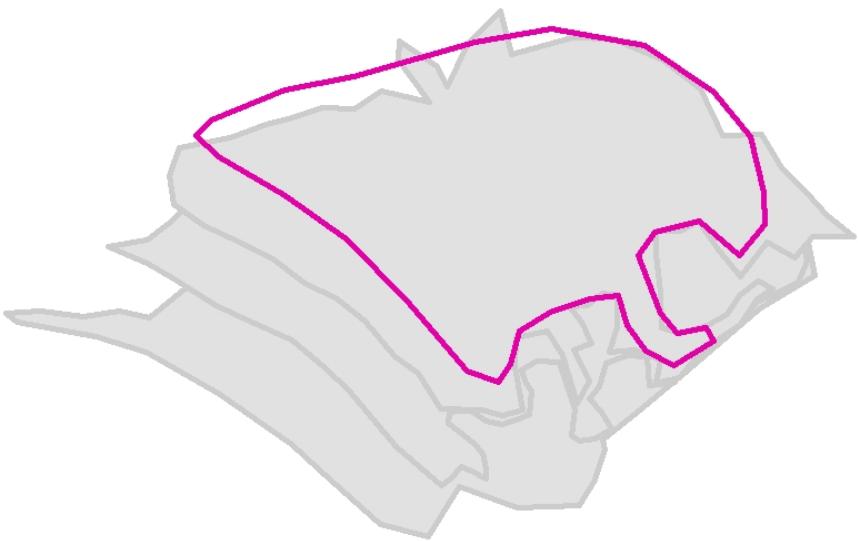


0 25 50 75 100 Meters

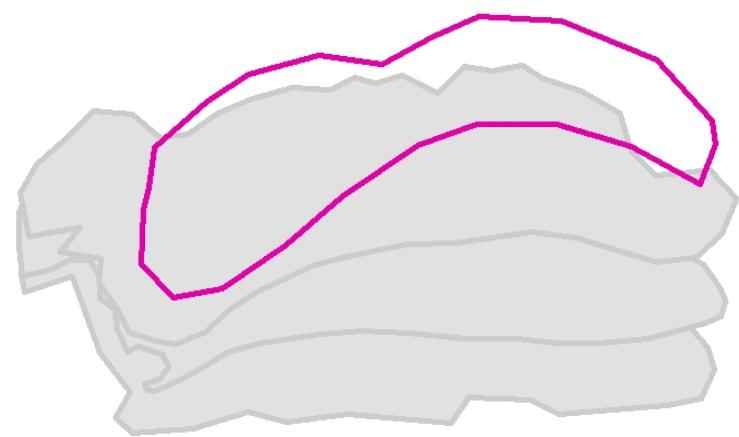
N



2001



Stella

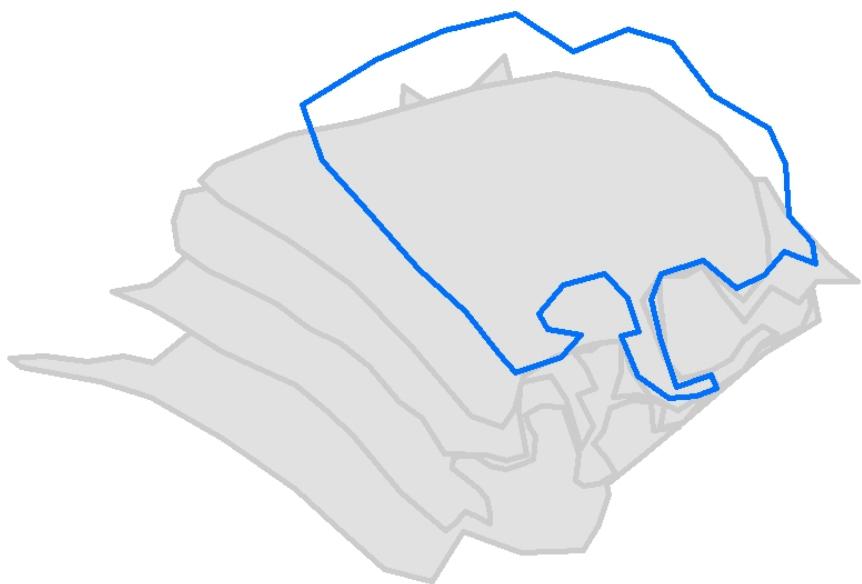


0 25 50 75 100 Meters

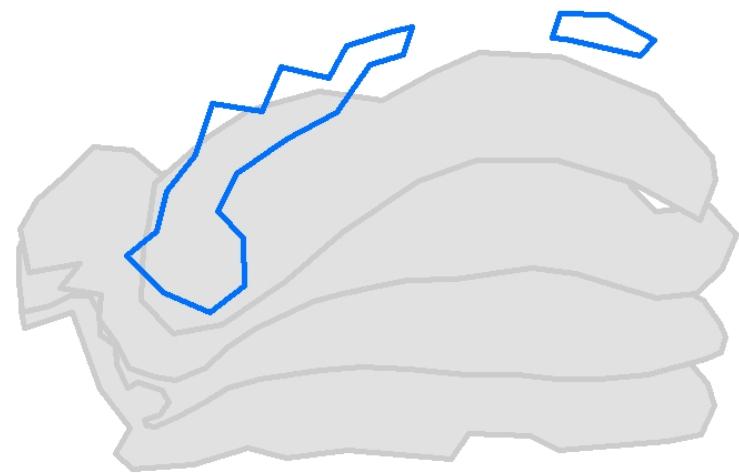
N



2002



Stella

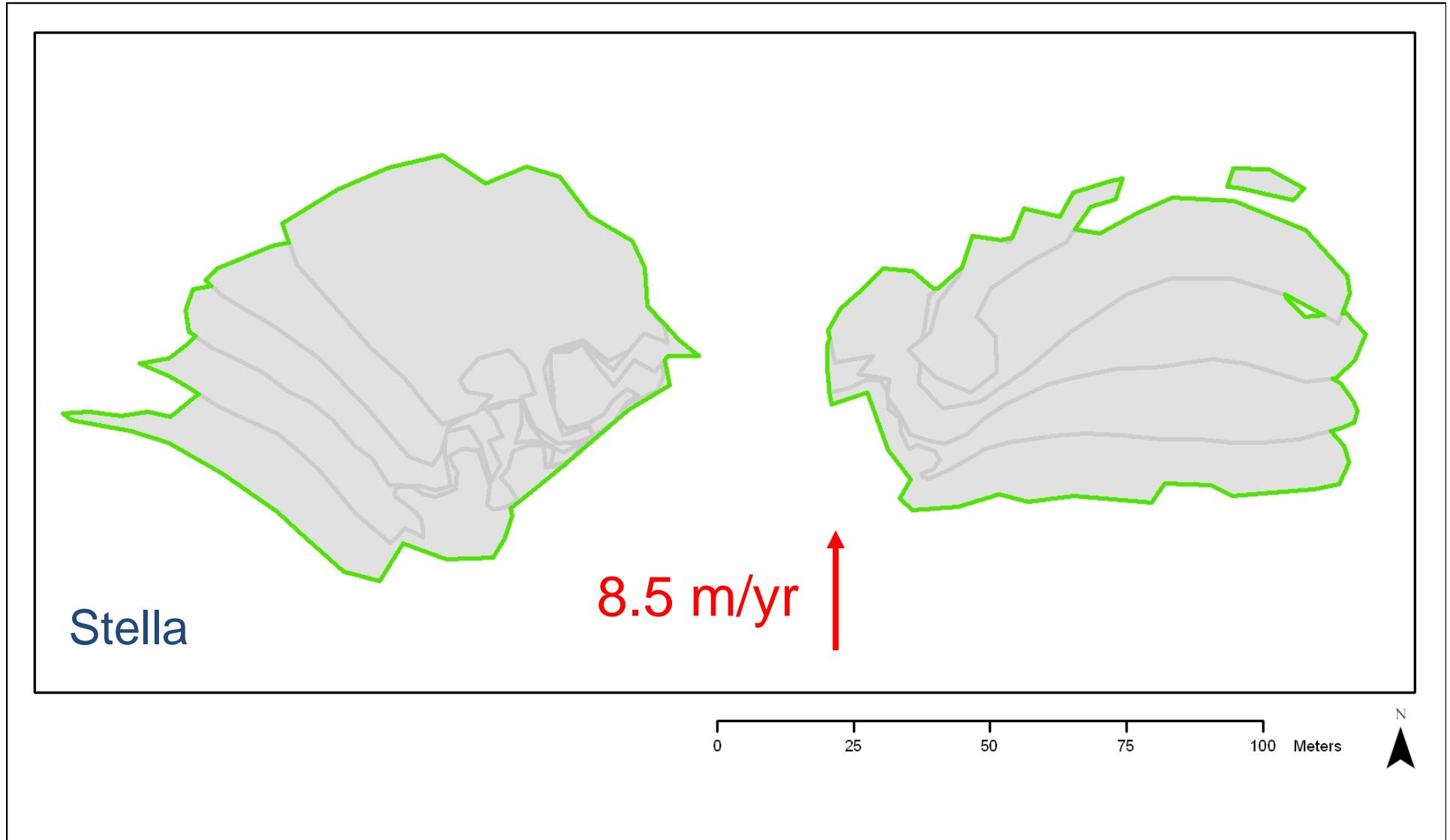


0 25 50 75 100 Meters

N



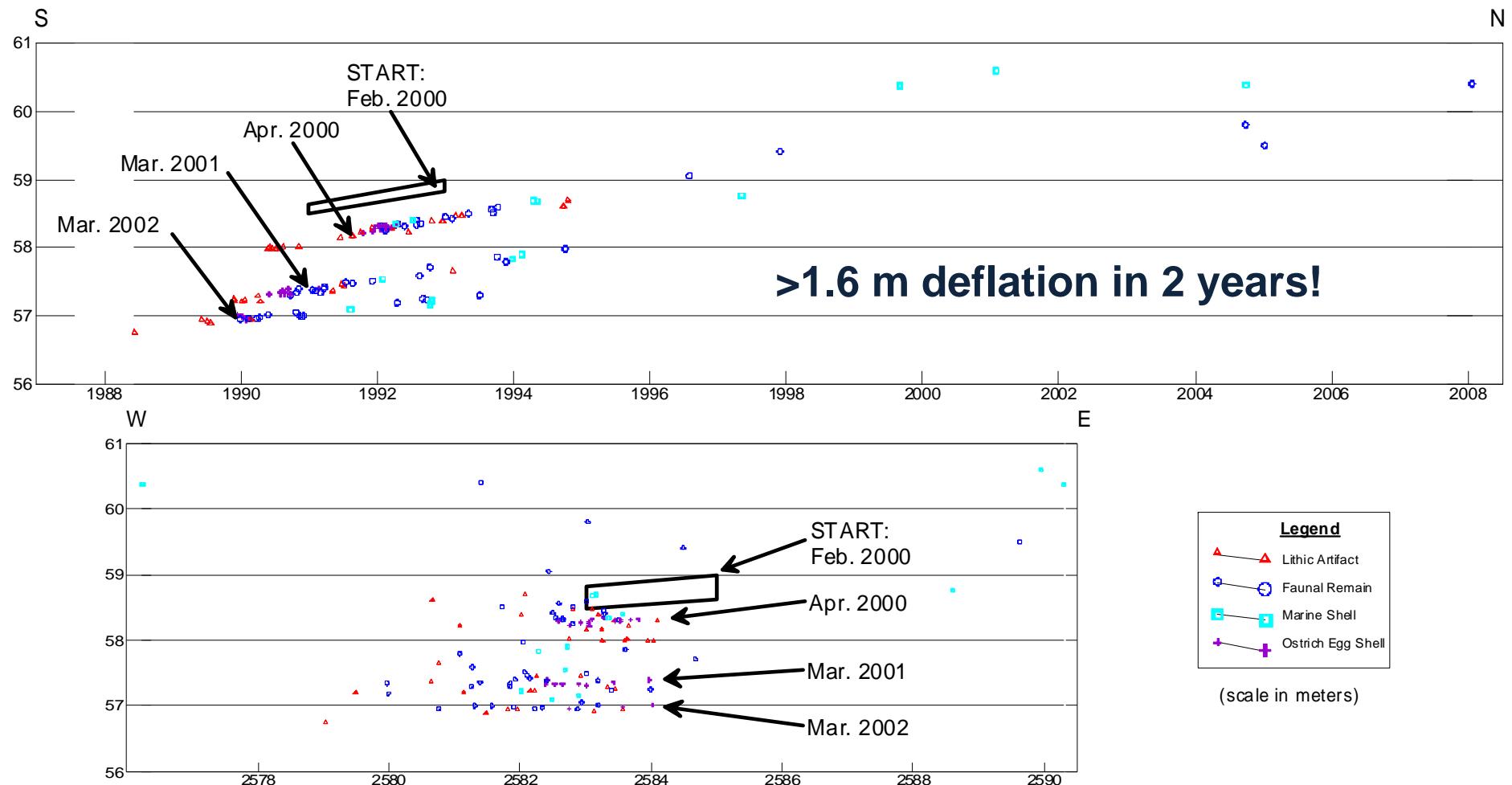
# Dune movement samples complete landscape



Total surface area sampled at Geelbek > 118,000 m<sup>2</sup>



**GOME B: Feb. 2000, compact brown sand**



# GOME A: loose dune sand

# 23 localities

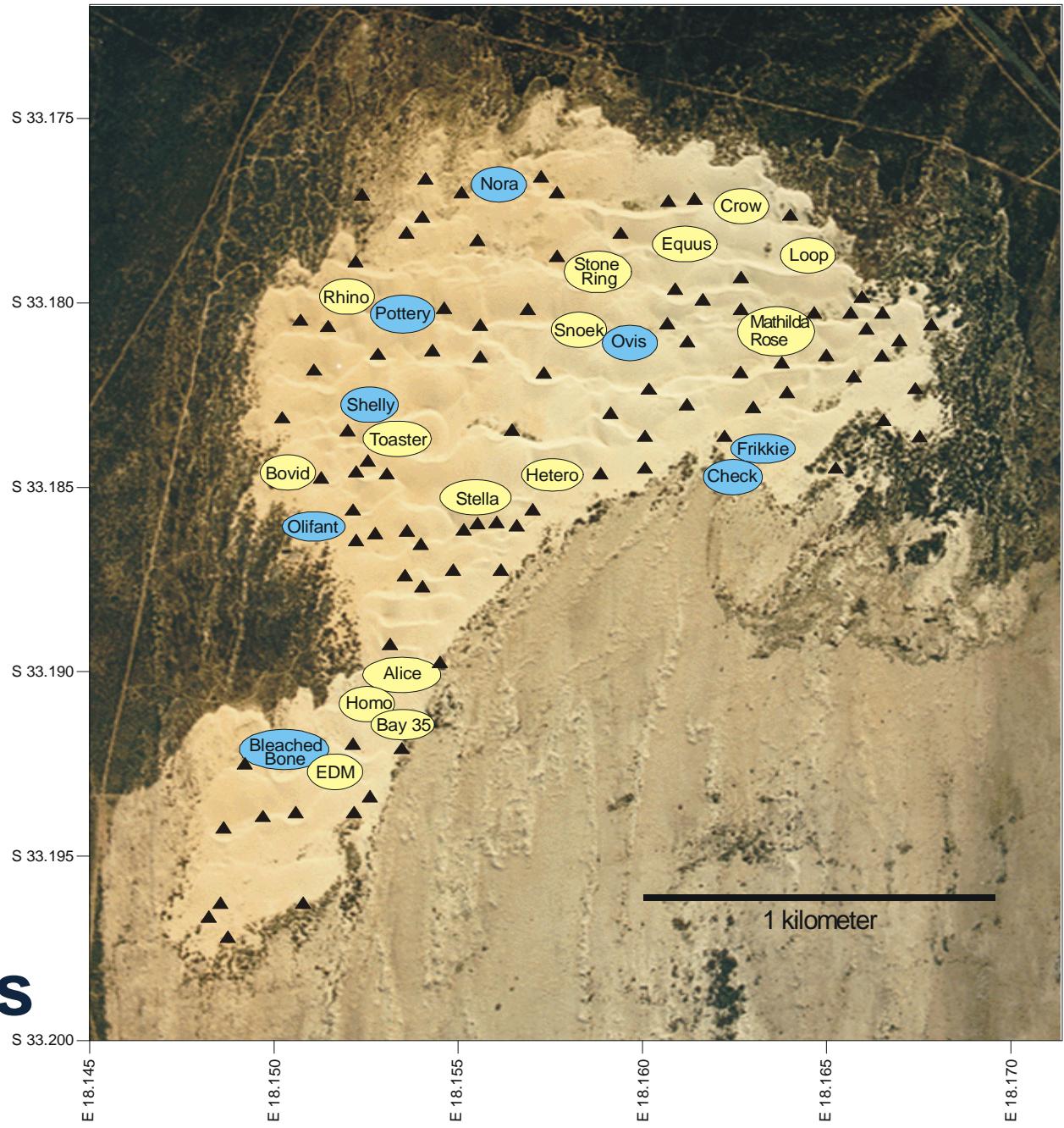
● LSA (n=8)

● LSA and MSA (n=15)

ESA (n=0)

118,000 m<sup>2</sup>

# Geelbek Dunes



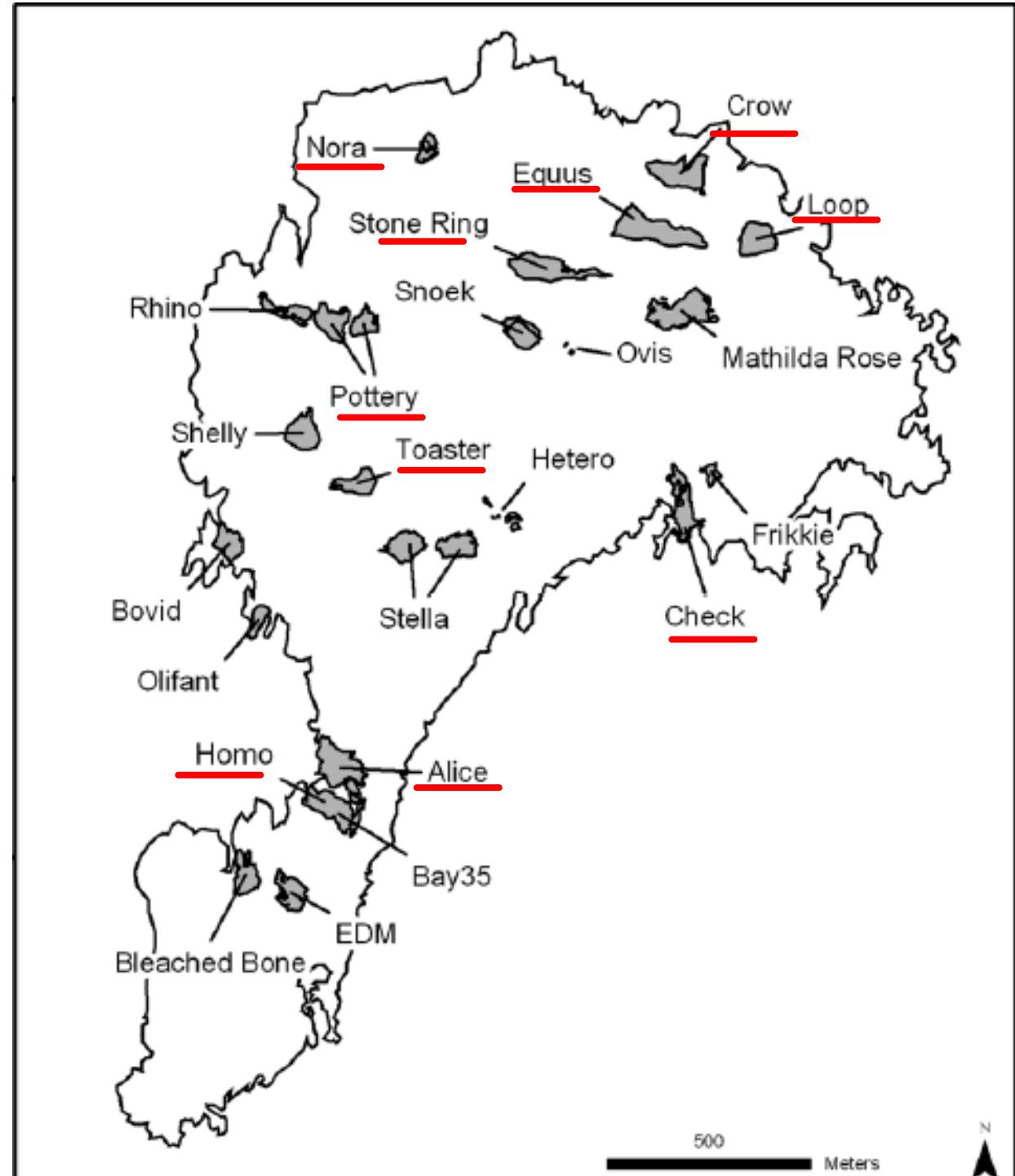
# Geelbek Dunes

23 localities

- LSA (n=8)
- LSA and MSA (n=15)

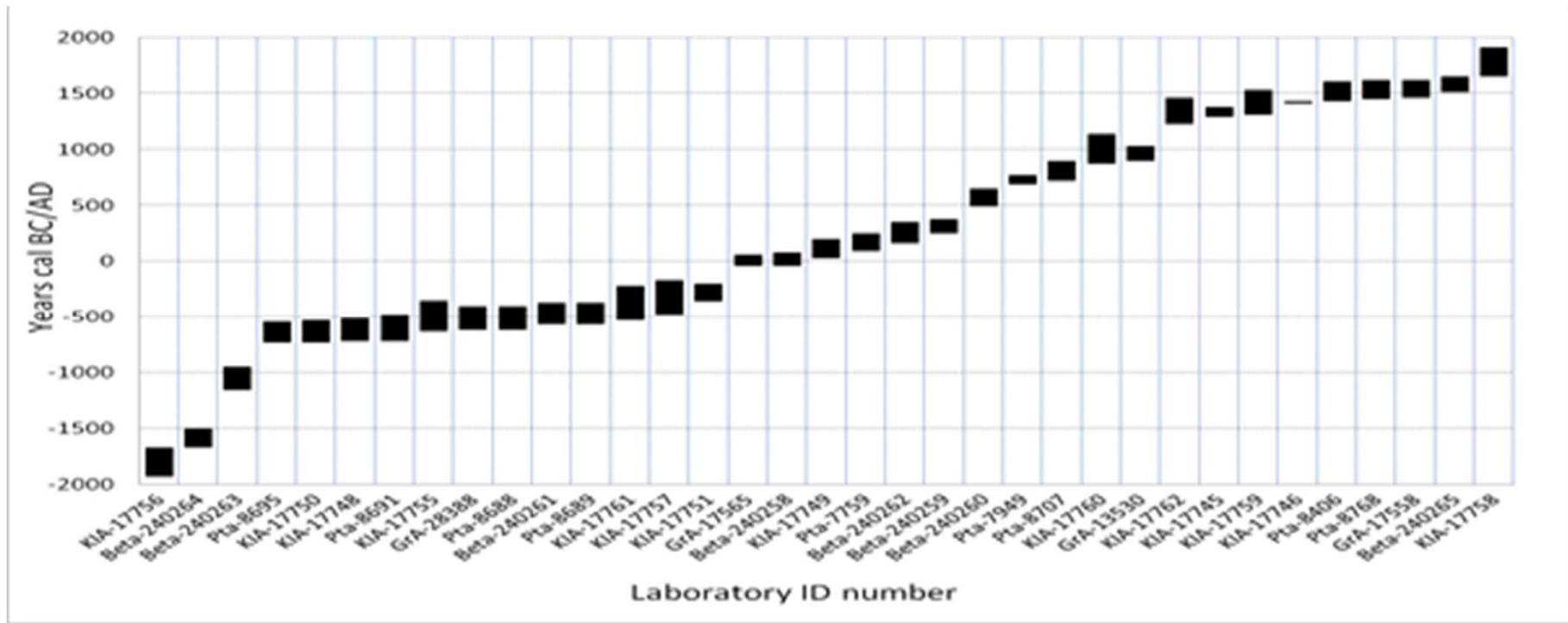
ESA (n=0)

118,000 m<sup>2</sup>



# Geelbek





### **Human bones:**

Hetero 1450 – 1620 AD low marine component to diet

Homo 900 – 1030 AD moderate marine component to diet

Loop 40 BC -60 AD extremely high marine component to diet

### **Cattle**

Alice 1700 – 1930 AD

Check 250 – 380 AD

### **Sheep/Goat**

Ovis modern

# **Geelbek, calibrated radiocarbon dates, the last 4000 years**

# Stone features



## 49 stone features

- hearths for cooking
- whale blubber rendering
- work spaces
- living areas

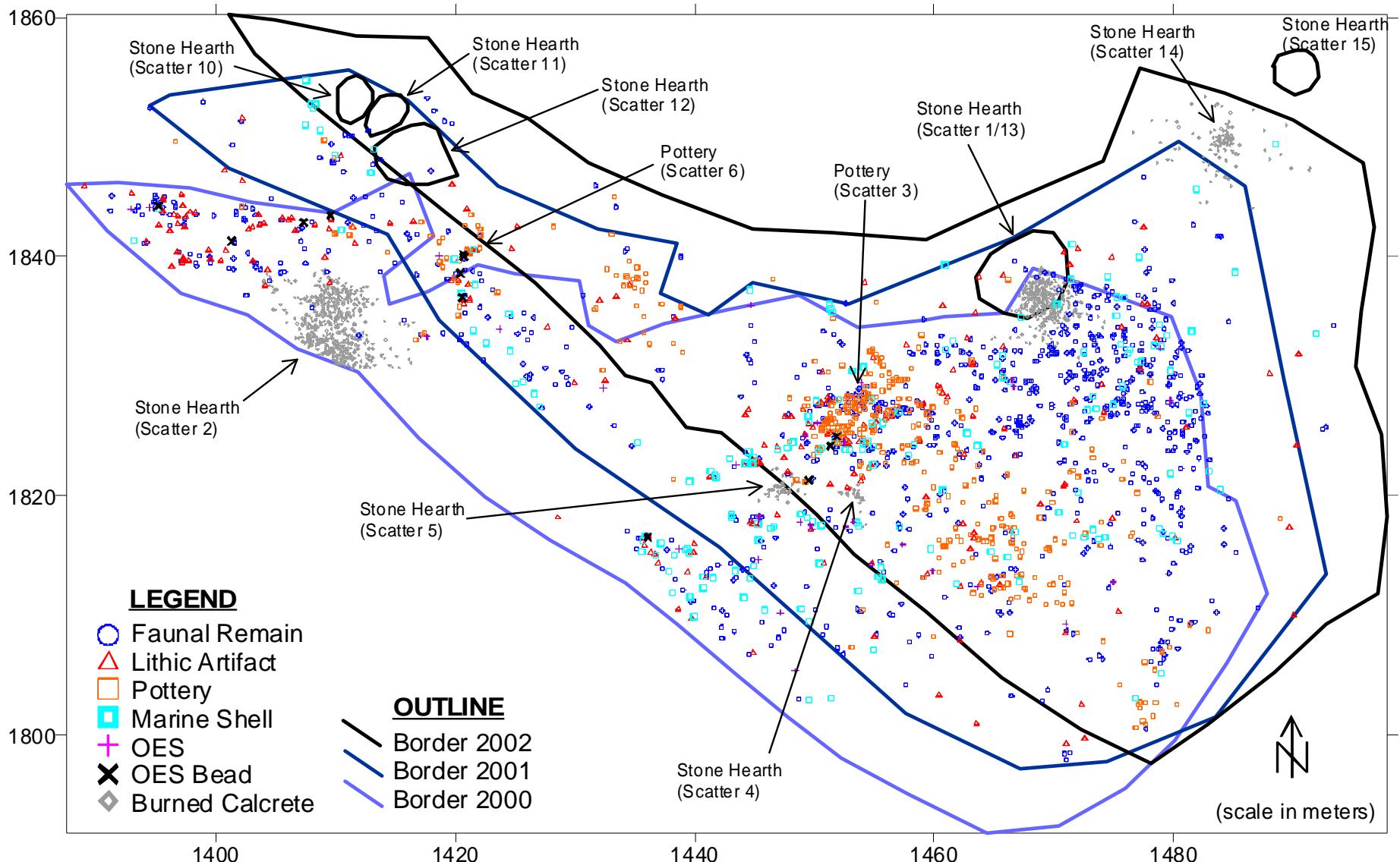
# LOCALITY: *Toaster*

March 2001

Scatters 10,11, & 12



Burned calcrete / Stone hearths



# Toaster 2000 -2003

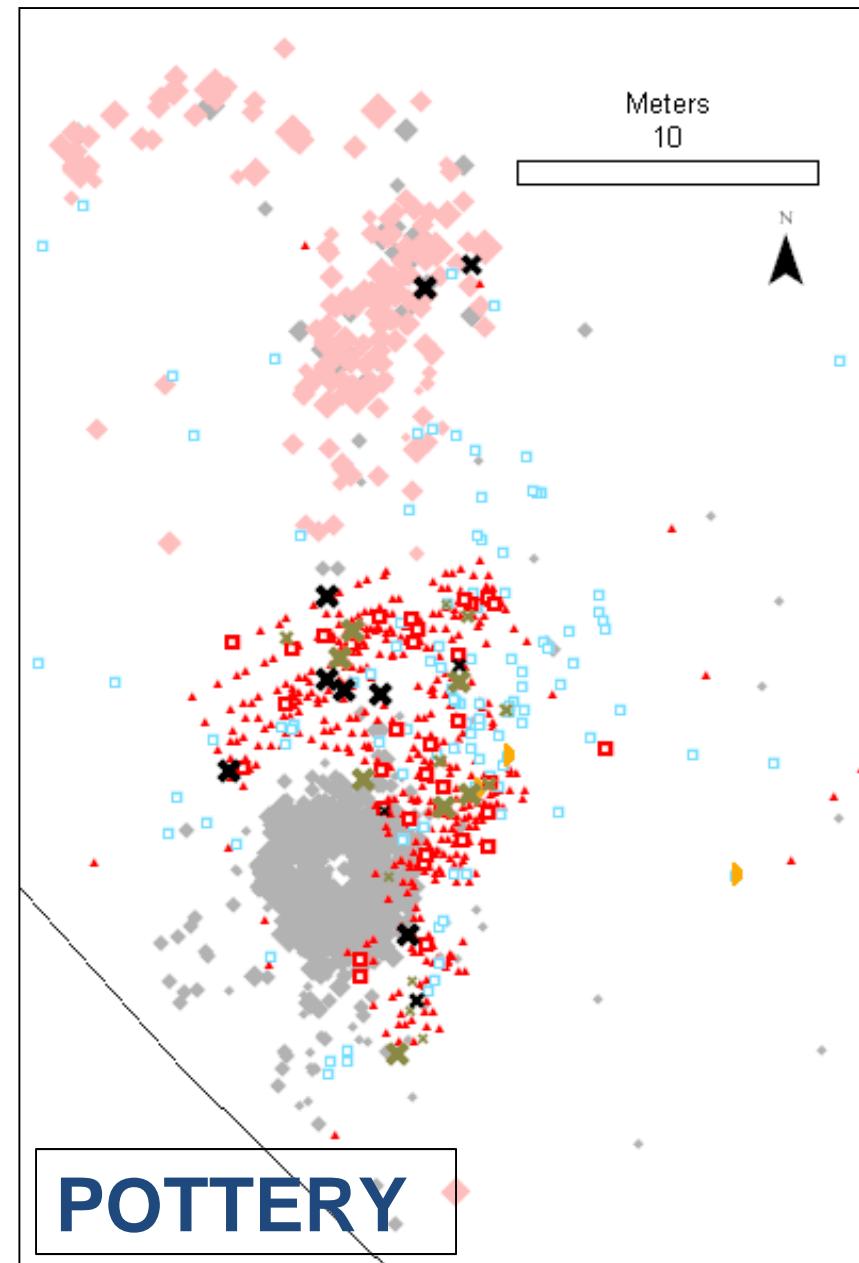
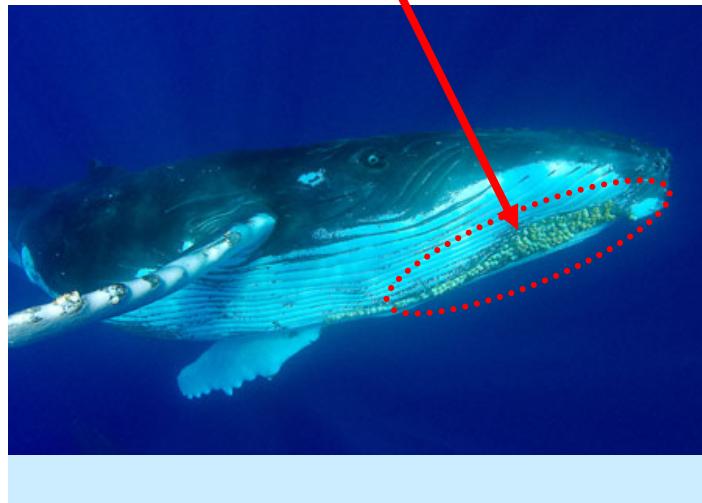
# Coastal resources



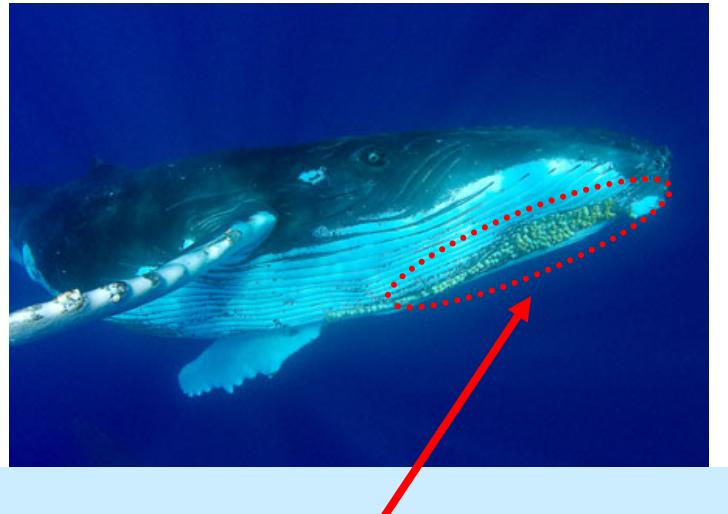
# Whale scavenging (~2500 BP)



- Whale barnacles
- Shells
- ▢ Ret. shells
- ▲ Lithics
- ✗ Beads
- ◆ Calcrete



# Marine resources



2nd case in locality Nora  
(~2600 BP)

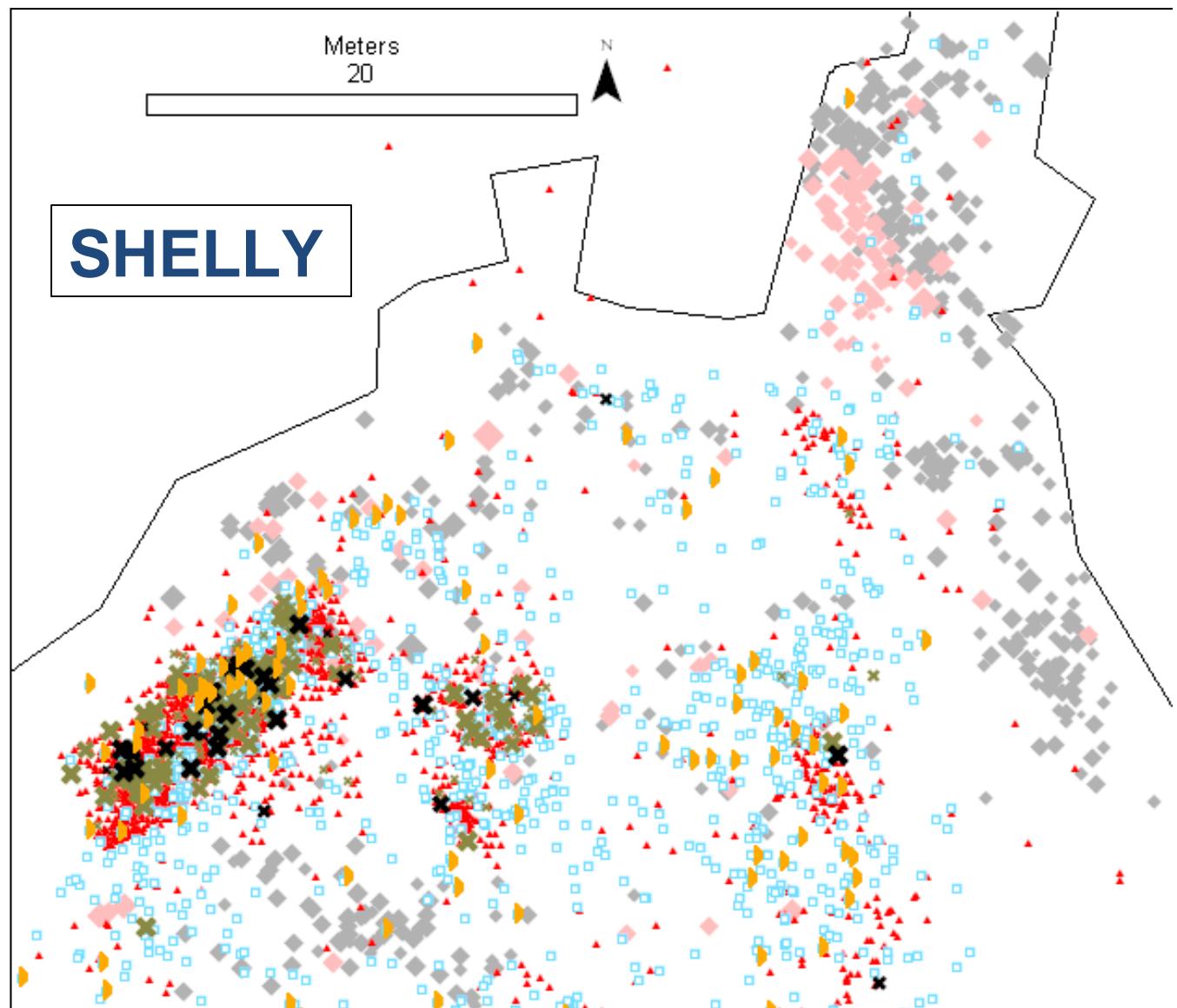
Buchanan (1988)

- Humpback whale: 650kJ / 100 g
- Average mass = 30,000 kg
- 40% usable nutritionally
- 78 M kJ ~ 19 M cal



# LSA spatial organization (~2500 BP)

- Shells
- ▢ Retouched shells
- ▲ Lithics
- ✗ Beads
- ◆ Calcrete



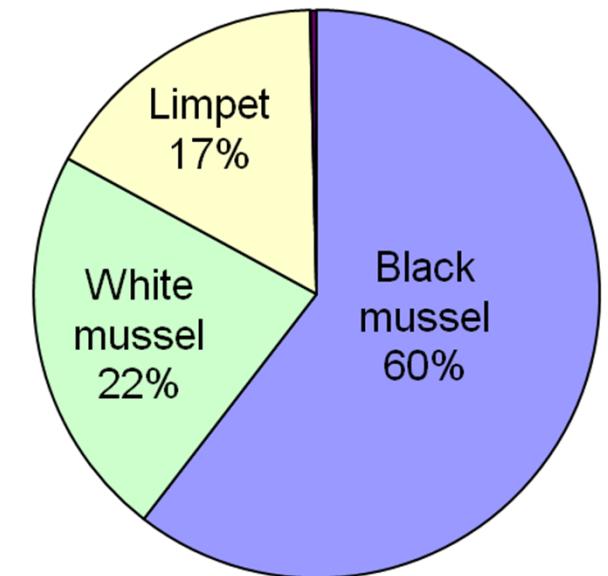
# Locality SHELLY - caloric budget

Buchanan (1988)

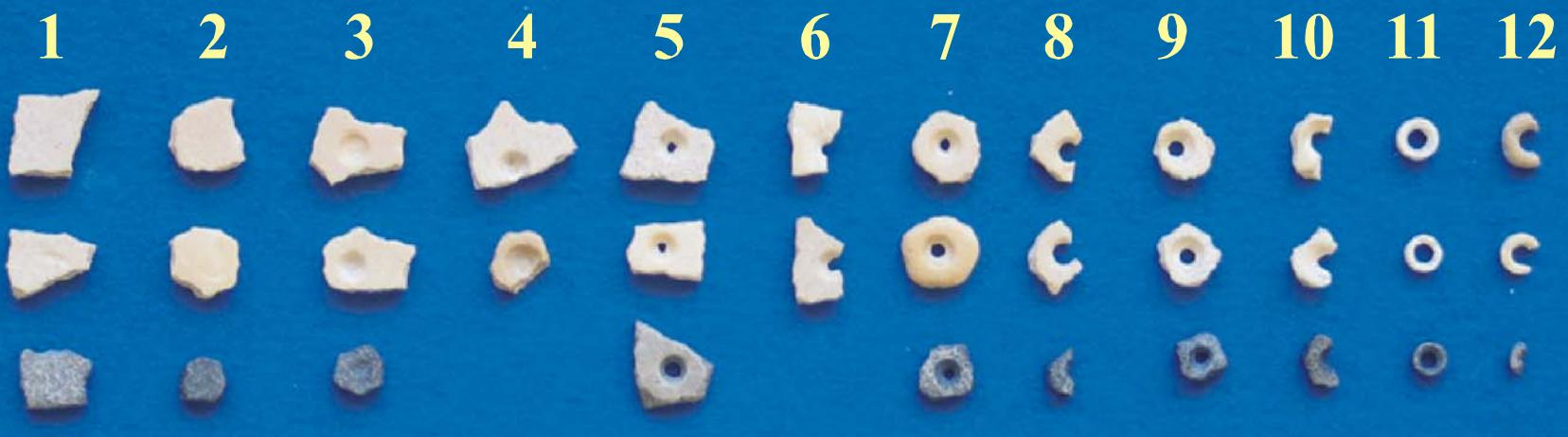
- Black mussels : 150kJ / 100 g shell
- Limpets: 350kJ / 100 g shell
- Total shell weight = 4.6 kg ~ 8360 kJ ~ 2000 cal



Shells  
n=1091



# Stages of bead production (1-12)



# OES bead manufacture

*Shelly*



*Toaster*



## LOCALITY

• <i>Nora</i>	2,580 BP
• <i>Pottery</i>	2,500 BP
• <i>Shelly</i>	2,465 BP
• <i>Toaster</i>	1,260 BP

*Pottery*

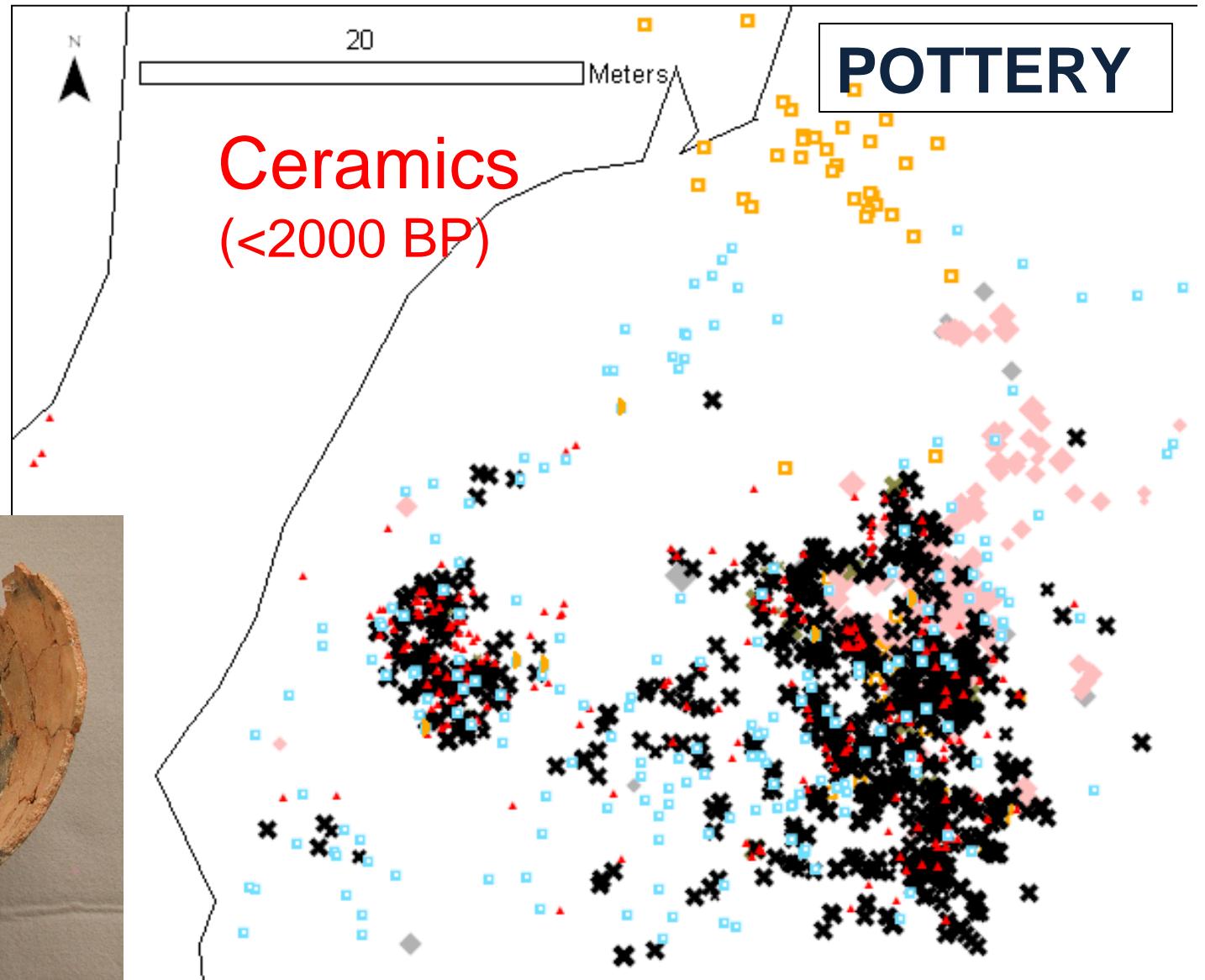


*Nora*

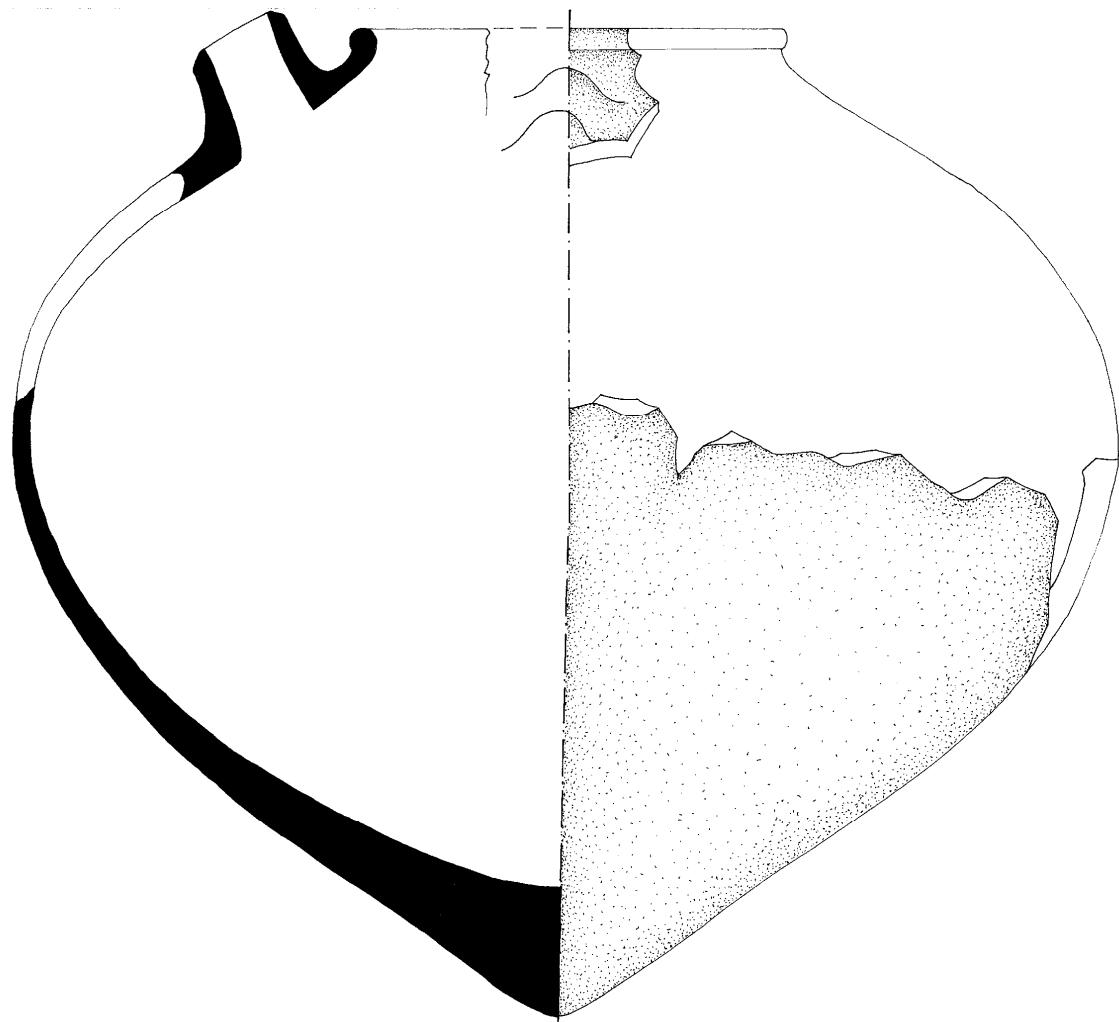


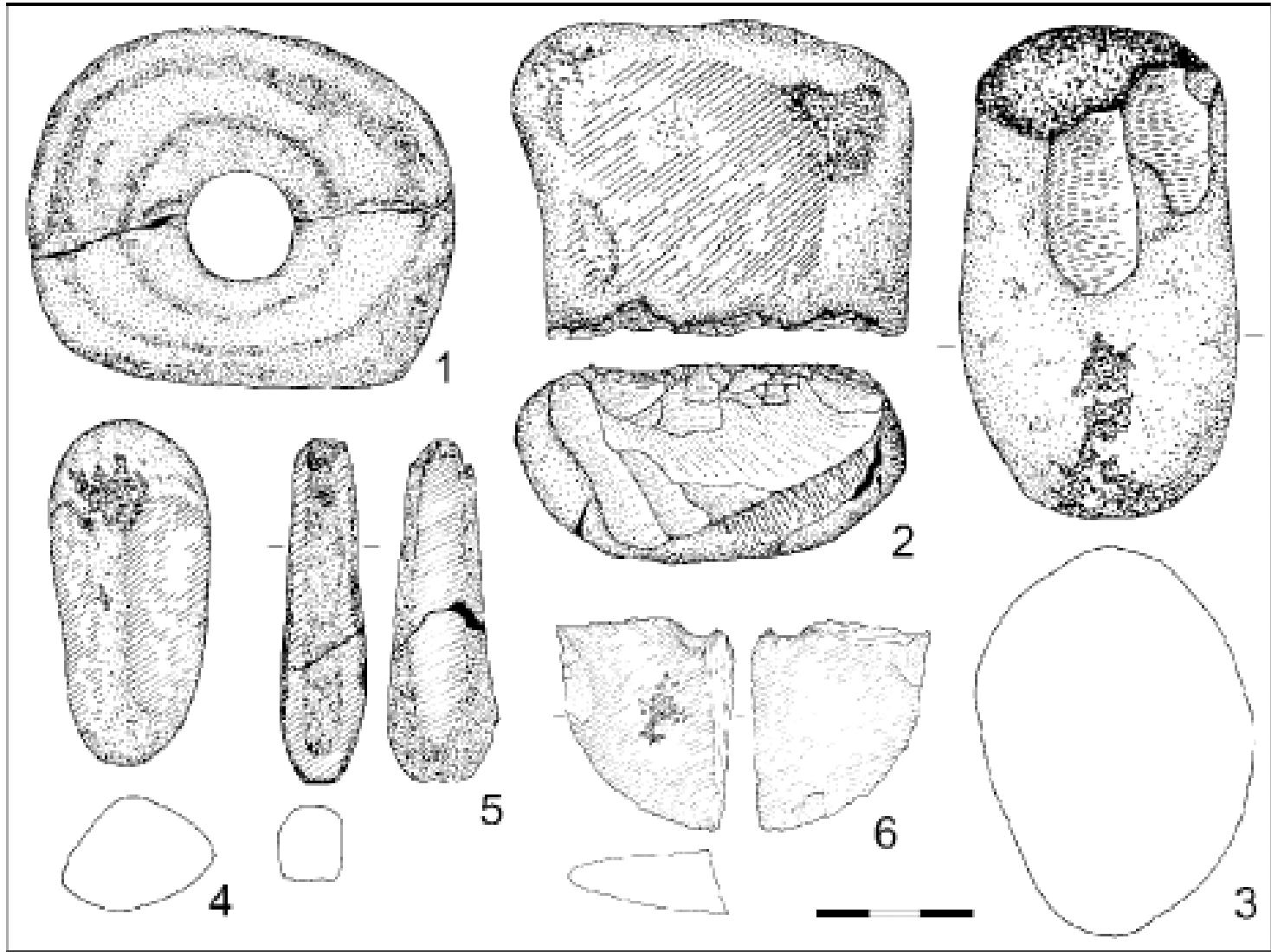
# Bead making (~2500 BP)

- Ceramic
- Shells
- Ret. shells
- ▲ Lithics
- ✗ Beads
- ◆ Calcrete



# Stone Ring





**Many ground stone tools**  
**Localities: *Equus*, *Homo*, Pottery and Shelly**

# Bone tools



HO 136



CR 917



CR 942



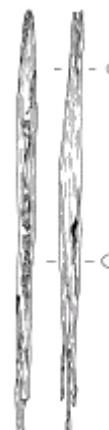
CR 943



SH 858.15



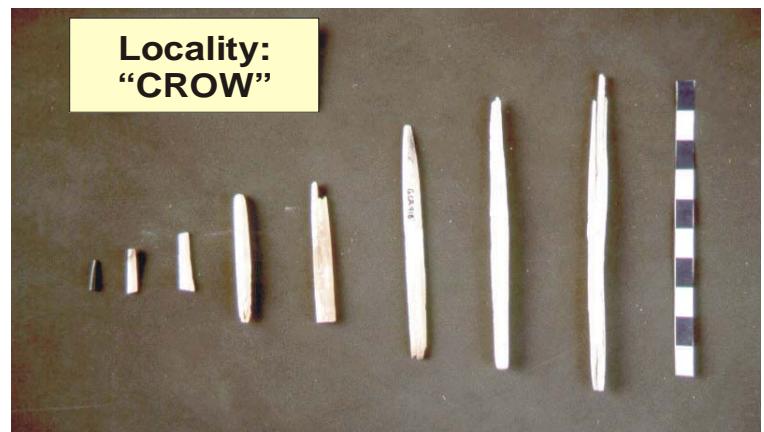
CR 914



CR 915



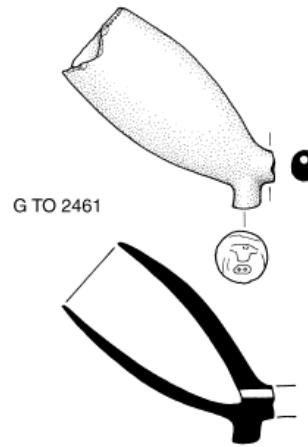
CR 916



LOCALITY  
• Crow 1420 AD

# **Settlement Patterns in the Holocene LSA**

- Higher find densities than during the MSA reflect longer occupations and higher population densities
- Adaptable and varied subsistence strategies with marine and terrestrial resources
- Diverse material culture
- Symbolic artifacts common
- Human burials



● Elephant

○ Historic

□ Ceramic

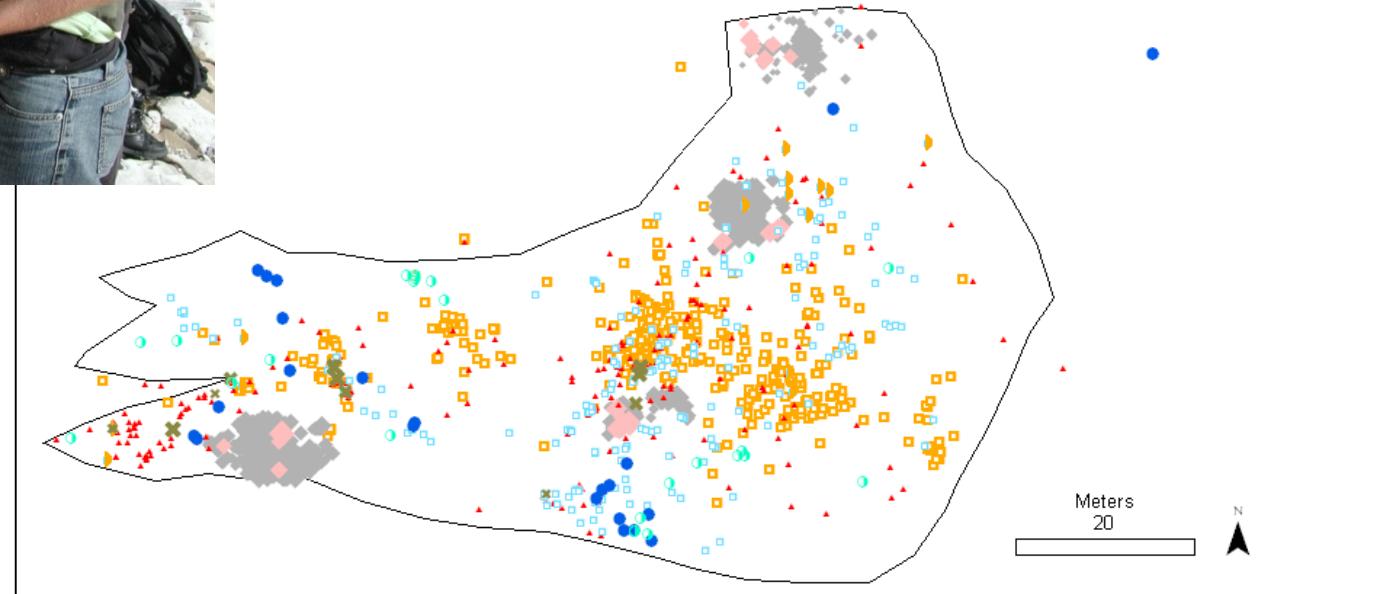
□ Shells

▲ Lithics

× Beads

◆ Calcrete

## TOASTER



**Elephant Hunting**

**Late 18<sup>th</sup> C**

**8 bullets, 2 clay pipes, 1 gunflint, 1 iron hook**

# Conclusion Geelbek & Anyskop

- Entire landscape provides important archaeological data
- Greatest strength: large surfaces expose new kinds of sites
- Greatest weakness: difficulty in establishing chronological control

The Archaeology of the  
West Coast of South Africa

Chapter 2

2013

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Stone Age economics and land use in the Geelbek Dunes

*Andrew W. Kandel & Nicholas J. Conard*